



Holy Eucharist Catholic Primary School

1a Oleander Drive, St Albans South. VIC 3021

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www.hestalbanssth.catholic.edu.au







Grade 1

Remote Learning Pack

Week Beginning - Monday 9th August 2021

Term 3 Week 5	Literacy (45-60 minutes)	Numeracy (30-45 minutes)	Additional Learning Areas (30-45 minutes)
Monday	<p><u>Reading</u></p> <p>Read a book that you have at home or log onto Sunshine Online</p>  <p>www.sunshineonline.com</p> <p><u>Log in details:</u> Username: heps3021 Password: heps3021</p> <p>Talk to a family member about what you have read.</p>	<p><u>Olympic Maths Activities</u></p> <p>Medal Tally **Refer to page 6</p> <p>Complete the activity by adding the medals together and write the answer in the box.</p>	<p><u>Olympic Art Activities</u></p>  <p>*Colour the Olympic Rings Refer to page 8</p> <p>**The Medal Ceremony Refer to page 9</p> <p>***Make your own Olympic Torch Refer to page 10</p>
	<p><u>Olympic Theme Literacy Activities.</u></p> <p>Let's celebrate the end of the Olympic Games by completing the activities.</p> <p>**Refer to work pack numbers: 1-5</p> <p>Enjoy working through the Olympic Games activities.</p>	<p>Sporty Maths **Refer to page 7</p> <p>Count the objects and write the number in the first box. Cross out some of the objects and then write how many you crossed out in the second box. Write how many objects are left not crossed out in the last box. E.g. 10-4=6</p>	
Tuesday	<p><u>Reading</u></p> <p>Read a book that you have at home or log onto Sunshine Online</p>  <p>www.sunshineonline.com</p> <p><u>Log in details:</u></p>	<p><u>Number</u></p> <p>Skip-counting</p> <p>Practise your skip-counting by 2s. (i.e. 2, 4, 6, 8, 10, 12). Also try starting from different numbers! Then get a family member to test you.</p> <p>**(Refer to page 11 for the Number Chart 1-120)</p>	<p><u>Specialists</u></p> <p>Complete your Specialist Activities for:</p> <p>Art LOTE (Chinese) Sport Music Digital Technology (PDF Presentation to be posted today)</p> <p>**(Refer to pages 12-18)</p>

	<p>Username: heps3021 Password: heps3021</p> <p>Talk to a family member about what you have read.</p>	<p>You can also go onto this link to practise your skip counting and play around with all of the puzzles https://www.topmarks.co.uk/learning-to-count/paint-the-squares</p>	
Wednesday	<p><u>Reading</u></p> <p>Read a book that you have at home or log onto Sunshine Online</p>  <p>www.sunshineonline.com</p> <p><u>Log in details:</u> Username: heps3021 Password: heps3021</p> <p>Talk to a family member about what you have read.</p>	<p><u>Number</u></p> <p>Skip-counting</p> <p>Practise your skip-counting by 5s. (i.e. 5, 10, 15, 20, 25). Also try starting from different numbers! Then get a family member to test you.</p> <p><i>**Refer to page 11 for the Number Chart 1-120</i></p> <p>You can also go onto this link to practise your skip counting and play around with all of the puzzles https://www.topmarks.co.uk/learning-to-count/paint-the-squares</p>	<p><u>Well-Being</u></p> <p><u>EMOTIONAL INTELLIGENCE</u></p>  <p>Choose an emotion, close your eyes and remember a time when you felt that way. E.g. Happy, sad, excited, disappointed.</p> <p>Have a Think: What colour best represents that emotion for you? Where in your body did you feel that emotion?</p>
	<p><u>Creative Writing</u></p>  <p><u>Complete the story</u></p> <p>Once upon a time there was a dragon who couldn't blow fire</p>	<p><u>Measurement</u></p>  <p>Find 5 things that are shorter than your foot. Draw a picture of the objects in order from smallest to largest and label them.</p>	<p>Use crayons or pencils to draw a stick figure of yourself. Use different colours to show the different emotions you are feeling. Choose whatever colour you think best shows the emotion and use that colour in the stick figure to show where in your body you feel that emotion.</p>
	<p><u>Editing</u></p> <p><i>**Refer to page 19</i></p> <p>Write out the 'Fun in the Sun' and 'Race Day' correctly putting in capital letters and full stops where needed and fixing up any spelling mistakes.</p>		

Thursd
ay

Reading

Read a book that you have at home or log onto Sunshine Online



www.sunshineonline.com

Log in details:

Username: heps3021

Password: heps3021

Talk to a family member about what you have read.

Number

Skip-counting

Practise your skip-counting by 10s. (i.e. 10, 20, 30, 40, 50, 60). Also try starting from different numbers! Then get a family member to test you.

*****(Refer to page 11 for the Number Chart 1-120)***

You can also go onto this link to practise your skip counting and play around with all of the puzzles

<https://www.topmarks.co.uk/learning-to-count/paint-the-squares>

Religion

We have been learning about God's creation. On 'Day 6' God created humans. For today's task draw a picture of yourself and label your picture with all of the beautiful things that make you, you inside and out.



Writing

CHARACTER PICTURE PROMPT



friendly

mean

happy

white long beard

black boots

Draw a picture of a wizard on a piece of paper or in an exercise book. Around the wizard write words to describe the wizard (what he looks like) and character traits (what he is like inside).

Measurement

Students are to choose 5 different sized toys. Using these toys students are to arrange their toys in 'Height' order from 'Tallest to Shortest'.







Question: Students can explain in writing or on a video

Students to explain 'how?' you have ordered your toys and 'what?' problem solving skills you used.

Handwriting

*****Refer to page 20-21***

Practise writing numerals 1-10 and uppercase and lowercase letters.

<p>Friday</p>	<p><u>Reading</u></p> <p>Read a book that you have at home or log onto Sunshine Online</p>  <p>www.sunshineonline.com</p> <p><u>Log in details:</u> <u>Username:</u> heps3021 <u>Password:</u> heps3021</p> <p>Talk to a family member about what you have read.</p>	<p><u>Number</u></p> <p>Skip-counting</p> <p>Practise your skip-counting by 10s. (i.e. 10, 20, 30, 40, 50, 60). Also try starting from different numbers! Then get a family member to test you.</p> <p><i>**(Refer to page 11 for the Number Chart 1-120)</i></p> <p>You can also go onto this link to practise your skip counting and play around with all of the puzzles https://www.topmarks.co.uk/learning-to-count/paint-the-squares</p>	<p><u>Inquiry</u></p> <p>Weather investigation:</p> <p>Go onto the Bureau of Meteorology website at http://www.bom.gov.au/vic/forecasts/melbourne.shtml and look at today's weather.</p> <p>Copy all the important information such as:</p> <ul style="list-style-type: none"> • The highest and lowest temperature • Type of weather for the day • Chance of rain • The weather symbol (picture)_ <p>Draw a weather scene:</p> <p>Draw a picture of yourself dressed appropriately for today's weather. You can include the weather conditions that you have just researched.</p>
	<p><u>Writing</u></p> <p>Complete the sentence starter. Write about what would happen if you could fly. What would you do and where would you go if you could fly?</p> <p><i>If I could fly</i></p> <p>Draw a picture of yourself flying.</p> 	<p><u>Measurement</u></p>   <ul style="list-style-type: none"> • What is the longest object in the room and how many handspans did it take to measure it? • What was the smallest object in the room and how many handspan did it take to measure it ? 	

Olympic Sports

Teach THIS



athletics

cycling

hockey

weightlifting

boxing

basketball

tennis

rowing

swimming

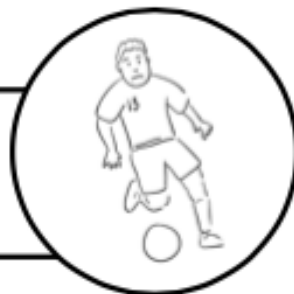
Sporty Sentences

Rewrite the sentences in the correct order.

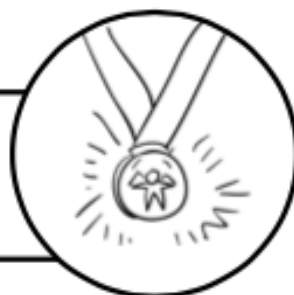
in the race. running He is



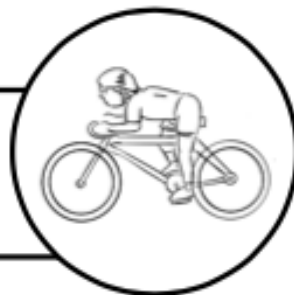
kicking He ball. Is the



a medal. gold is This



very fast. ride can He



in She pool. the swims





Olympic Games

Contractions

Change the underlined words into a contraction.
Write the contraction in the space provided:



1. The athlete was not happy that she came second. _____
2. The gymnast did not stick her landing. _____
3. The swimmer will not be in the final event. _____
4. The spectators should not run on the field. _____
5. The marathon runner could not finish the race. _____



Fill in the missing contraction from the list:

shouldn't won't don't
didn't wasn't

1. The athletes _____ have a late night before the event.
2. _____ forget to take your ticket to the event.
3. Luckily, the hurdler, _____ hurt when they fell over.
4. Spectators _____ get into the Games without a ticket.
5. I _____ be competing at this year's game.

Olympic Word Search

a	h	z	g	b	g	y	m	n	a	s	t	i	c	s
v	o	k	n	a	q	h	a	n	d	b	a	l	l	w
i	c	y	i	s	v	d	r	s	n	i	m	v	w	i
c	k	b	l	k	f	l	a	g	a	l	a	d	e	m
t	e	j	t	e	q	z	t	x	t	j	s	x	c	m
o	y	s	s	t	r	v	h	n	h	q	c	c	y	i
r	a	c	e	b	q	o	o	h	l	v	o	x	c	n
y	t	i	r	a	w	l	n	u	e	q	t	z	l	g
g	u	p	w	l	x	l	v	j	t	k	y	b	i	c
n	l	m	k	l	t	e	n	n	i	s	o	r	n	o
i	w	y	z	h	w	y	r	w	c	d	l	o	g	u
k	s	l	x	b	q	b	d	q	s	b	q	w	y	n
l	f	o	o	t	b	a	l	l	k	r	z	i	x	t
a	t	r	q	z	v	l	x	d	i	v	i	n	g	r
w	e	i	g	h	t	l	i	f	t	i	n	g	x	y

volleyball

gymnastics

race

football

walking

cycling

rowing

marathon

basketball

weightlifting

Olympics

hockey

tennis

medal

wrestling

swimming

gold

victory

diving

mascot

country

athletics

handball

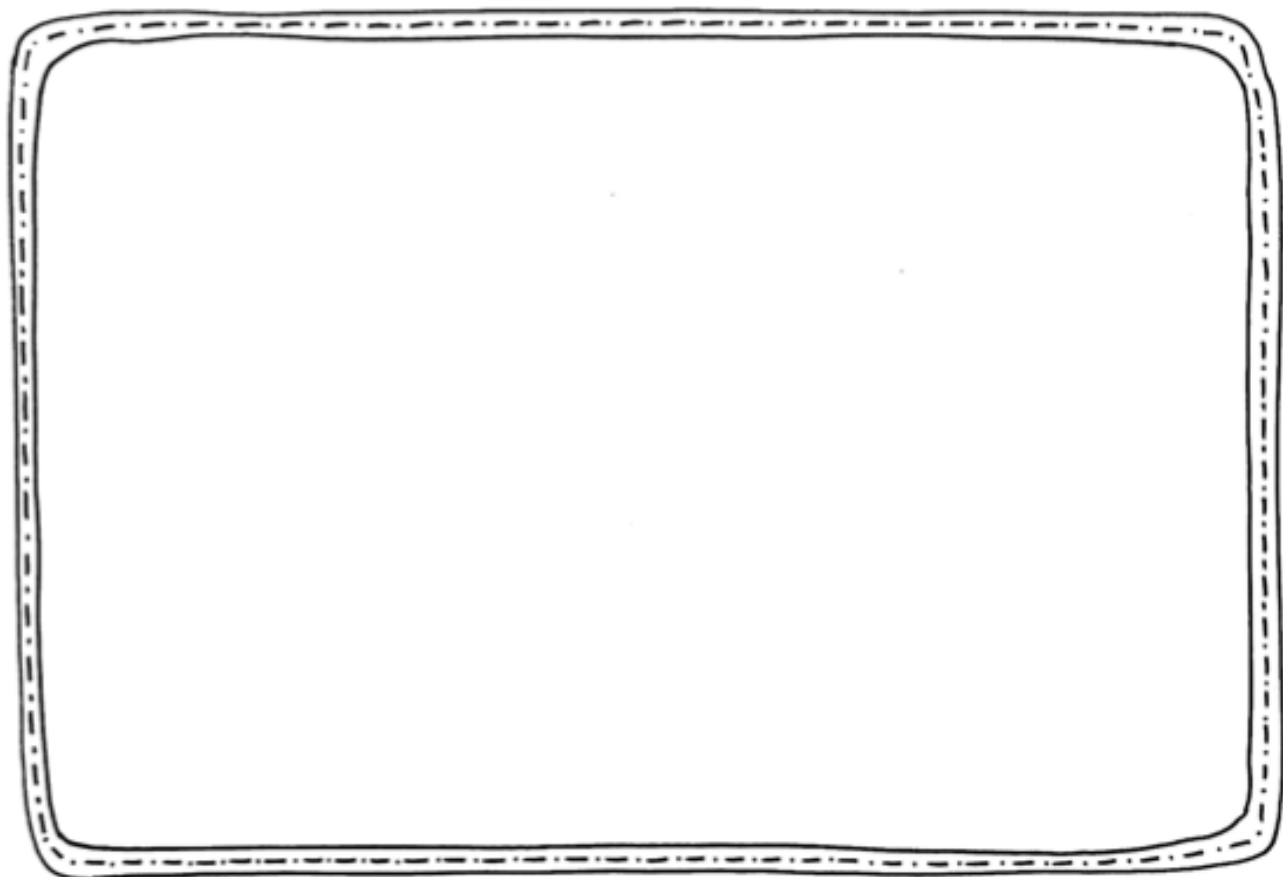
flag



Teach **TEKS**

My Favourite Sport

Draw your favourite Olympic or Paralympic sport:










This is my favourite sport because...






MEDAL TALLY

Olympic Games Addition









1    +  =

2      +   =

3   +  =

4    +     =

5   +       =

6     +     =

7       +  =

8   +      =

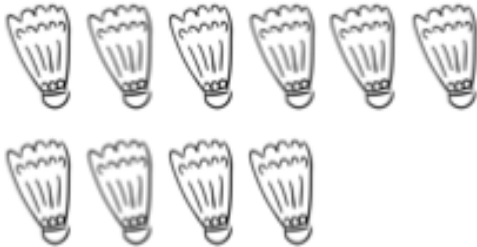
9  +  =

10    +     =

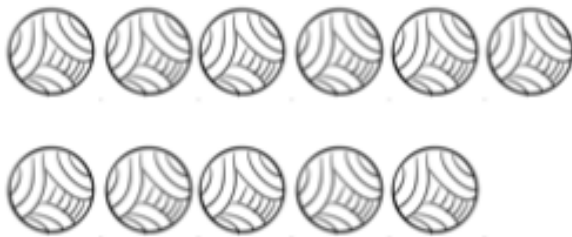


Sporty Maths

Teach **THIS**



$$\square - \square = \square$$



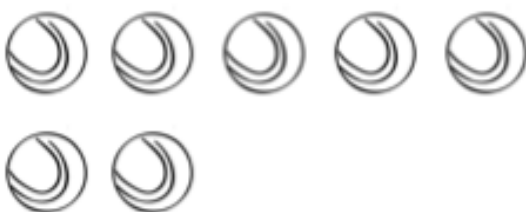
$$\square - \square = \square$$



$$\square - \square = \square$$



$$\square - \square = \square$$



$$\square - \square = \square$$

The Olympic Rings

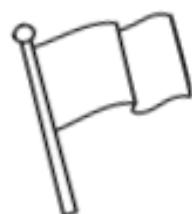
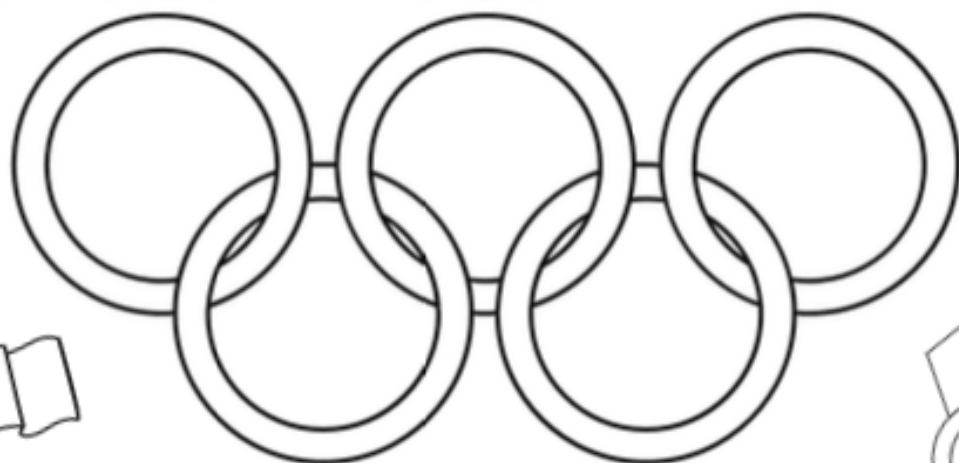
Colour the Olympic Rings.



blue

black

red



yellow

green



Trace around a circle shaped objects (like counters, jar lids, saucers) to create your own Olympic Rings.



The Medal Ceremony

Teach This

During the medal ceremony, the first three place getters receive medals. Their nations' flags are raised whilst the winning nation's national anthem is played. Each country has their own special flag and anthem.



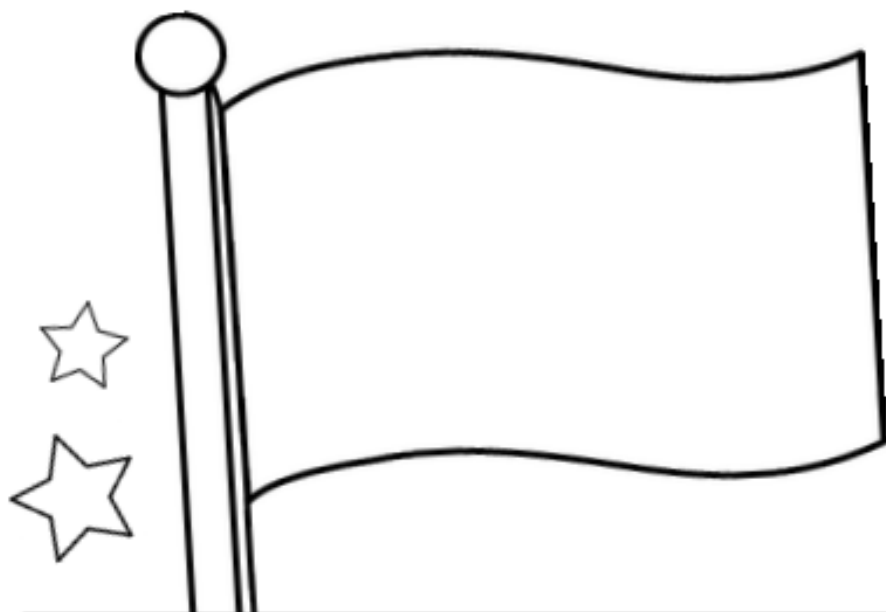
My Nation



My nation is called:

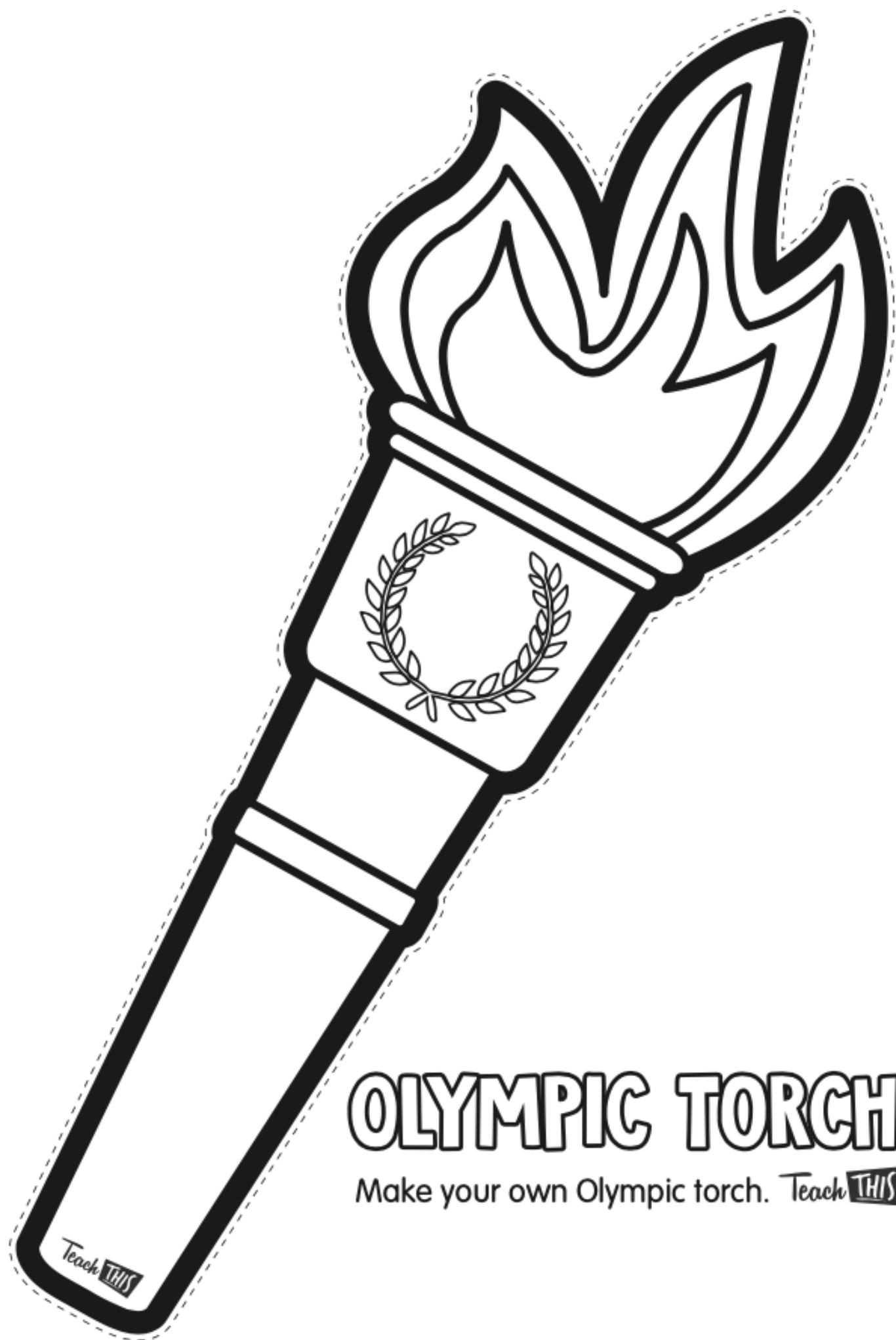
My Flag

Draw your nation's flag:



The colours on my flag are:

My national anthem is called:



OLYMPIC TORCH

Make your own Olympic torch. Teach **THIS**

NUMBERS 1-120

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120



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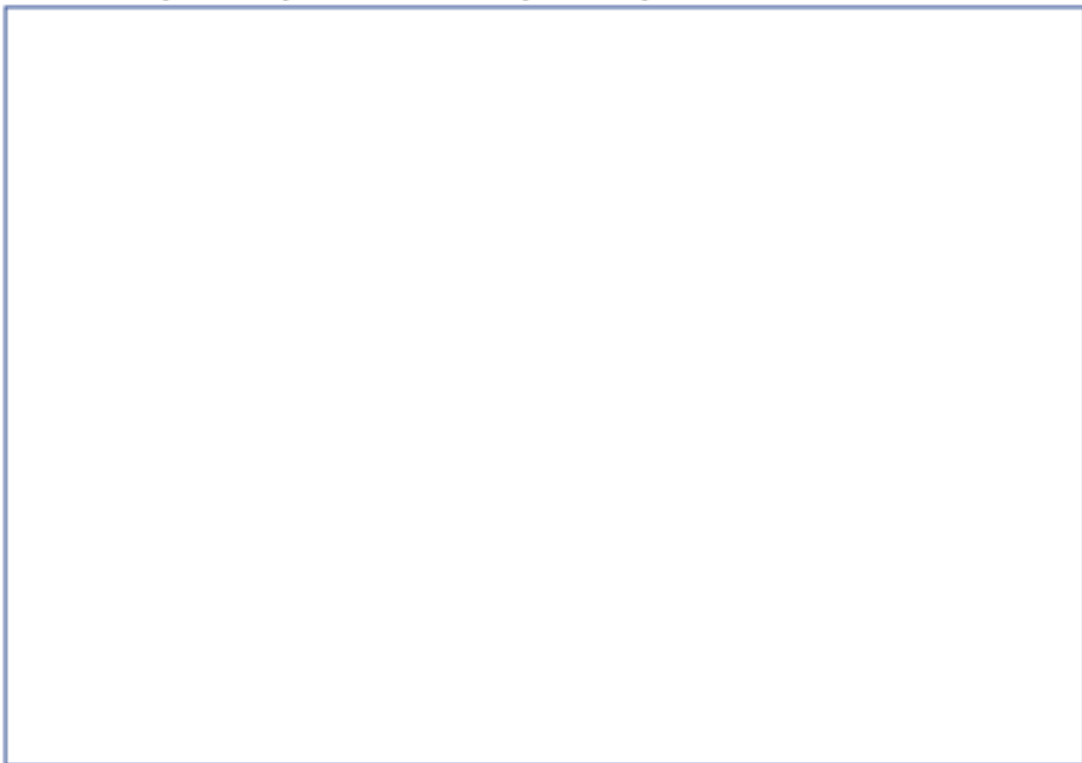


Grades 1 and 2

Learning Intentions: This week we are learning to draw being blown in the wind, on the theme weather.



Can you draw yourself in the windy and rainy weather?

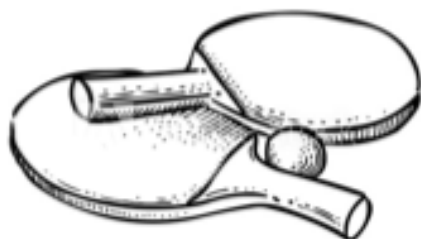
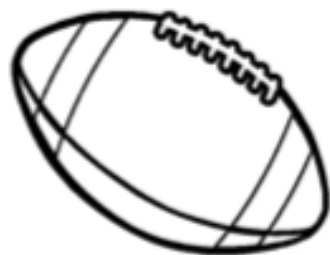


Name: _____

Class: _____

Date: _____

Activity: Connect the picture to the correct word and trace the Chinese words.



yóu yǒng

游泳

zú qiú

足球

pīng pāng qiú

乒乓球

lán qiú

篮球

gǎn lǎn qiú

橄榄球

pǎo bù

跑步



Week 5 Prep, 1 & 2 Physical Education Remote Learning

Hello Prep, Grade 1 and 2 students, parents and carers,

Here are the Week 5 activities, students can access the websites using a device. Some activities require sports equipment, use something from around the house that would do the same job as the sports equipment. You need a small space to do most of these activities, if you have outdoor space then use that.

PARENTS:

If you don't have access to a digital device or internet, go for a bike ride, walk, little jog, kick to kick with siblings or adults (if weather permits).



UPLOAD ONE OR TWO PHOTOS ON TO THE FOLDER NAMED (Week 5 PE Task)

Reminder: Tokyo 2020 Olympics Games are on, I hope students are watching the Tokyo Olympics, and it inspires some of our Holy Eucharist students to take up local sports. We might see them at the Brisbane Olympics Games in 2032.

Go Aussie Aussie Aussie Oi Oi Oi!!!

Students and Parents, please don't hesitate to contact me for any help or support on:
heribert.herrera@hestalbanssth.catholic.edu.au

Stay Safe and take care.

Mr. Herrera Physical Education Teacher.

Warm-Up 5 Minutes I'm learning to warm-up correctly. Equipment: <ul style="list-style-type: none">• Water Bottle• Yoga mat (if you have one)• Space to exercise Learning Intention:	Make sure you warm up before the main activity. Watch the following YouTube Video if you don't have access to a device. Try these warm up activities: Run on spot for 30 seconds, Star jumps x 10, Frog jumps x 10, Squats for 20 seconds. High knees for 30 seconds,
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<p>I'm learning to warm-up correctly.</p>	<p>Warm Up Video: Link: Here's the most EFFECTIVE warm up routine I use for my P.E lessons</p> 
<p>Activity or Skill OLYMPIC YOGA SESSION Learning Intention:</p> <ul style="list-style-type: none"> I'm learning to concentrate and breathe during the yoga session. 	<p>ACTIVITY (20 MINUTES) Link: Superhero Kids Yoga ☀️ Yoga Club (Week 49) Cosmic Kids Yoga</p> 

Warm-Down

Stretching is important to help us recover and cool down our body.

Learning Intention:

- I'm learning to cool down correctly after my activity.

Warm down for 5 to 10 minutes:

Link: [6 Min Cool Down for KIDS](#)



Music Term 3 Week 5

Gr. 1 & 2

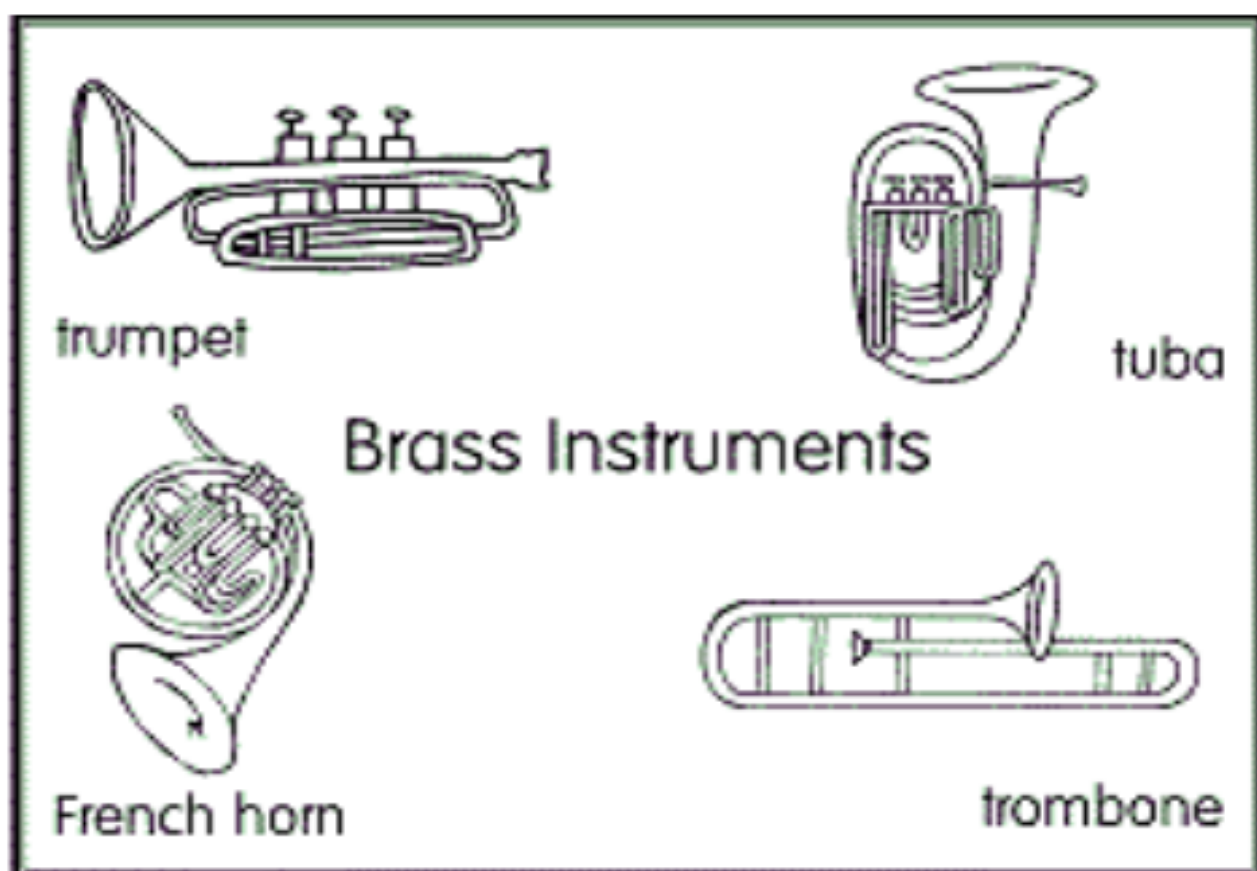
THE ORCHESTRA

Watch this short musical movie: 'Peter and The Wolf'

<https://www.youtube.com/watch?v=Va8Uz6MoK>

Lg

Now colour the instruments in the Brass Family of the orchestra. They are all a **GOLD** colour.



DIGITAL TECHNOLOGY (Week 5)

VELS LEARNING DESCRIPTOR: Identify and explore digital systems (hardware and software components) for a purpose (VCDTDS013)

You can watch the PowerPoint that your teacher posted on DOJO and then complete the worksheet or if you already know the answers, match the pictures to the words.

Name _____ Grade _____

Matching - Computer Parts

Directions: Identify and match each computer term.



1.

A. Keyboard



2.

B. Monitor



3.

C. Printer



4.

D. CPU



5.

E. Mouse



6.

F. Speakers

19

Fun in the Sun

on the weekand we had
some fun in the sun. We
went for a run and aet a
yummy bun



Find 2 spelling mistakes.
Add 1 capital letter and 1 full stop.

 teachstarter

13

Race Day

i crossd the finish line. i
was so happi! I came first



Find 2 spelling mistakes.
Add 2 capital letters and 1 exclamation mark.

 teachstarter

Name: _____ Date: _____

OXFORD
HANDWRITING

1 2 3 4 5 6 7 8 9 10

1 2 3 4 5 6 7 8 9 10

1 2 3 4 5 6 7 8 9 10

Name: _____ Date: _____

OXFORD
HANDWRITING

Trace each **alphabet** 3 times or more using a different colour each time.

a b c d e f g h i

j k l m n o p q r

s t u v w x y z

A B C D E F G H I

J K L M N O P Q R

S T U V W X Y Z