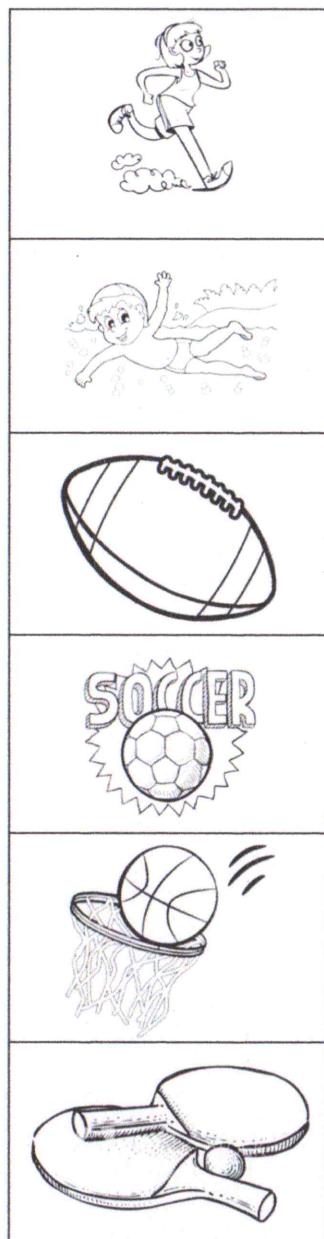


Name: _____ Class: _____ Date: _____

Activity: Connect the pictures to the correct words and trace the Chinese characters & Pinyin.



yóu yǒng
游 泳

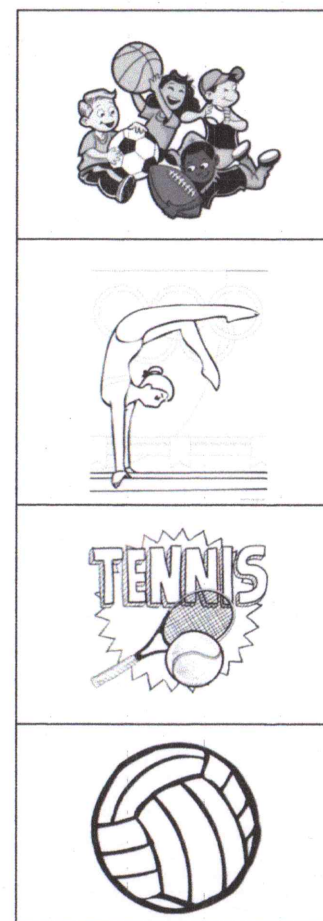
zú qiú
足 球

pīng pāng qiú
乒 乓 球

lán qiú
篮 球

gǎn lǎn qiú
橄 榄 球

pǎo bù
跑 步



tǐ cāo
体 操

yùn dòng
运 动

pái qiú
排 球

wǎng qiú
网 球

Well Done!! (。・∀・)/

Please look after yourself and be safe!

-- Miss Sun



Holy Eucharist Catholic Primary School



Holy Eucharist Catholic Primary School

1a Oleander Drive, St Albans South. VIC 3021

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www.hestalbanssth.catholic.edu.au



Grades 5 and 6

Learning Intentions: This week we are learning to draw a space scene – Grade5

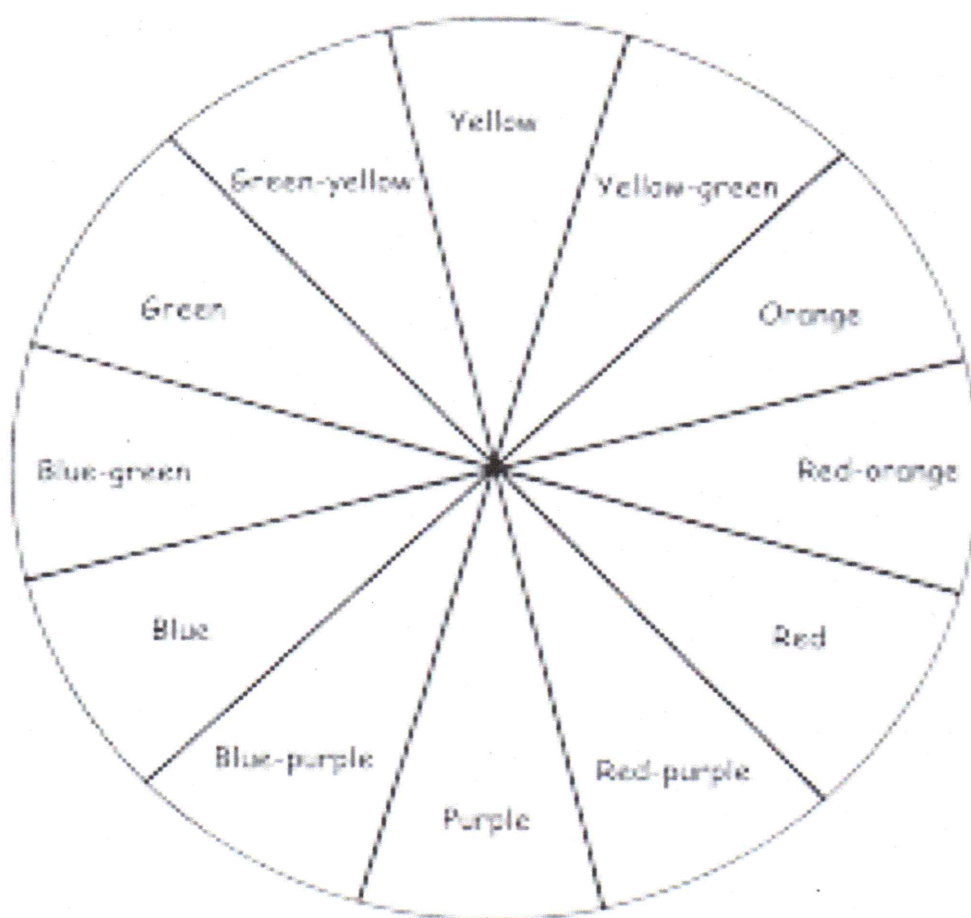
<https://www.youtube.com/watch?v=wSBLWhBQ2GU>

Easy space drawing.

If you don't have access to YouTube, then use your imagination and draw your own space picture and colour it.

Grade 6 -We are learning to draw a colour wheel. A template has been provided for you.

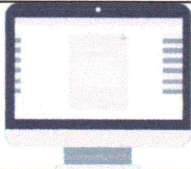
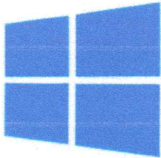

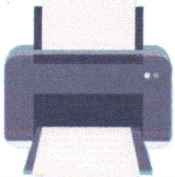
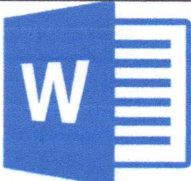
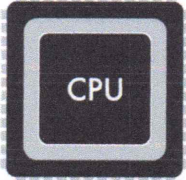

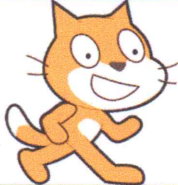
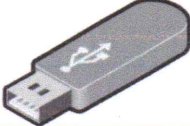

We will also write down the elements of art, in preparation for the tie dye project.



DIGITAL TECHNOLOGY (WEEK 5)

VELS LEARNING DESCRIPTOR: Identify and explore digital systems (hardware and software components) for a purpose (VCDTDS013)

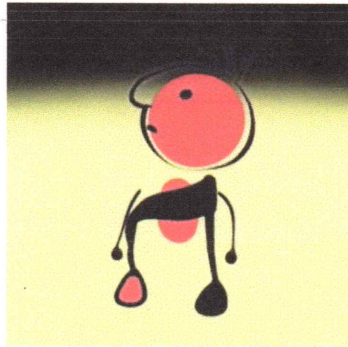
Watch/Work through the PowerPoint that is posted on DOJO and then complete the worksheet. If you already know the answers, complete the table.


NAME	IMAGE	Is this SOFTWARE or HARDWARE?
Monitor		
Windows (Operating System)		
Mouse		
Printer		
Word Processor		
CPU		
Pokémon Go		
Scratch		
USB Memory Stick		
Google Maps		

Music Term 3 Week 5

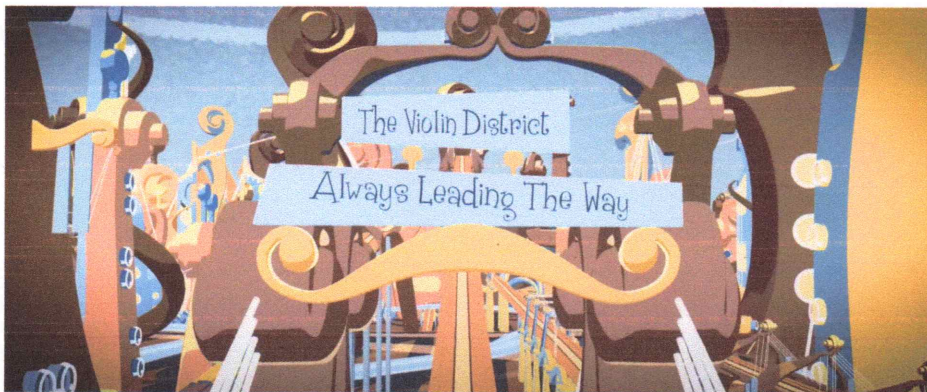
Gr. 3-6

THE ORCHESTRA



Watch this animation short film of a little quaver  travelling through the world of the orchestra. The little quaver travels through lots of musical districts.

<https://www.youtube.com/watch?v=a7veVFRKkQI>



This short movie goes for just over 18 minutes so get comfortable and enjoy! It's very clever.

What was your favourite part of the short movie?



HOLY EUCHARIST SCHOOL

1A Oleander Drive St Albans South

Ph: 8312-0900



Term 3 Week 5 Grade 3 & 6 Physical Education Remote Learning

Hello 3-6 students, parents and carers,

Here are WEEK 5 activities, students can access the websites using a device. Some activities require sports equipment, use something from around the house that would do the same job as the sports equipment. You need a small space to do most of these activities, if you have outdoor space then use that.

STUDENTS:

If you don't have access to a digital device or internet, go for a bike ride, walk, little jog, kick to kick with siblings or adults (if weather permits).



No Google Meets in week 5, but please get outside and get active. (If weather permits)

Students and Parents, please don't hesitate to contact me for any help or support on:

heribert.herrera@hestalbanssth.catholic.edu.au



Stay Safe and take care of your family.

Mr. Herrera Physical Education Teacher.

Warm-Up

5 Minutes

Equipment:

- Water Bottle
- Yoga mat (if you have one)
- Space to exercise

Learning Intention:

I'm learning to warm-

Make sure you warm up before the main activity.

Watch the following YouTube Video **if you don't have access to a device.**

Try these warm up activities:

Run on spot for 30 seconds,
Star jumps x 10,
Frog jumps x 10,
Squats for 20 seconds.
High knees for 30 seconds,

Warm Up Video:

Warm Up Video:

up correctly.



Link: [Here's the most EFFECTIVE warm up routine I use for my P.E lessons](#)

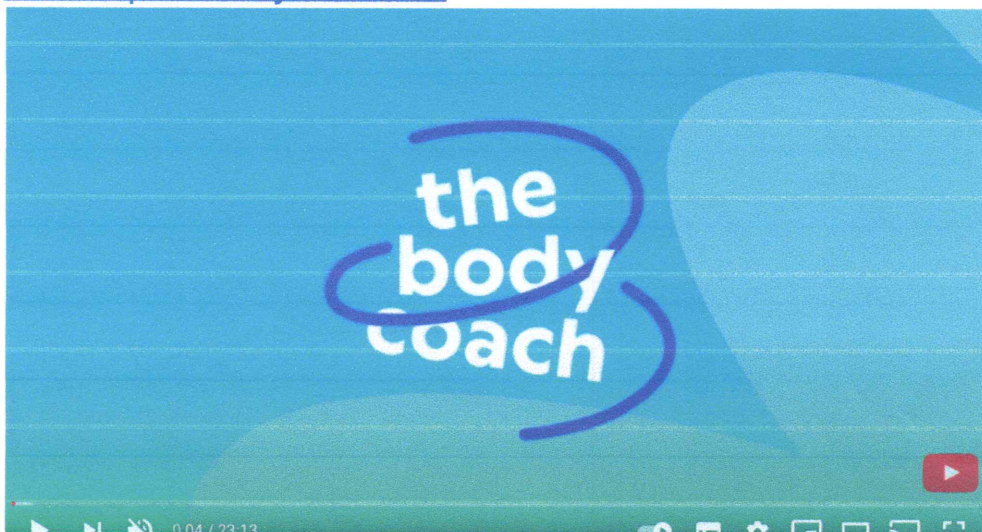


Activity or Skill:
Workout

Learning Intention:
I'm learning to build my strength and endurance.

Give each exercise a go, push yourself and be confident :)

YouTube Link: [20 Minute Full Body Workout - No Equipment Needed | The Body Coach TV](#)



Warm-Down
5-10 Minutes
Stretching is important to help us recover and cool down our body.

Learning Intention:

- I'm learning to cool down correctly after my activity.

Warm down for 5 to 10 minutes:

Link: [Let's Stretch | Monday Mobility Series | The Body Coach](#)

