



**Holy Eucharist Catholic Primary School**

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**[www.hestalbanssth.catholic.edu.au](http://www.hestalbanssth.catholic.edu.au)**



# **Grade 3**

## **Remote Learning Pack**




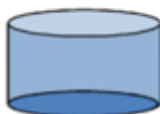





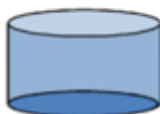





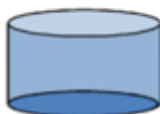


**Week Beginning - Monday 11th October 2021**

**Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

## Monday 4th October

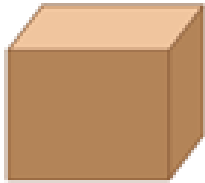
9 am - 10 am	<p><b><u>Literacy: A Tricky Situation</u></b></p> <p>Watch the movie Matilda using the link on the ClassDojo page Part 5. It will be posted on the Class Story page of ClassDojo.</p> <p><b>Activity:</b></p> <ol style="list-style-type: none"><li>1) In your book or on a piece of paper, draw a Y chart that takes up your whole page.</li><li>2) Label each section of your Y chart with the headings 'Sights', 'Sounds' and 'Feelings'.</li><li>3) After watching Part 5 of the movie Matilda, record the sights, sounds and feelings felt by Matilda when in Ms. Trunchbull's house. You can add any extra feelings you might feel if you were in Ms. Trunchbull's house at that moment.</li></ol> <p><b>Remember</b> to complete and upload to your portfolio on Class Dojo your 'A Good or Bad Teacher' assessment piece from Friday last week.</p>				
10 am - 11 am	<p><b><u>Maths: 3D Shapes - Prism or Pyramid?</u></b></p> <p>We have been learning about prisms and pyramids.</p> <ul style="list-style-type: none"><li>• A <b>prism</b> is a 3D shape that has rectangular or square faces and it's name comes from the shape at its end (base).</li><li>• A <b>pyramid</b> is a 3D shape that has triangular faces that all meet up to a point called a vertex or apex. It's name comes from the shape at its end (base).</li></ul> <p>Today you are going to sort 3D shapes as either prisms or pyramids.</p> <p><b>Tuning In:</b> Go to the Geoboard at: <a href="https://apps.mathlearningcenter.org/geoboard/">https://apps.mathlearningcenter.org/geoboard/</a>. Click and drag the rubber bands below to make various shapes and patterns. Take a screenshot of your work and post it to ClassDojo.</p> <p><b>Activity:</b></p> <ol style="list-style-type: none"><li>1) Watch the video: Shapes: Prisms and Pyramids at: <a href="https://www.youtube.com/watch?v=153xfKpBVY4">https://www.youtube.com/watch?v=153xfKpBVY4</a> and/or read the information about Prisms and Pyramids at: <a href="https://www.theschoolrun.com/what-are-prisms-and-pyramids">https://www.theschoolrun.com/what-are-prisms-and-pyramids</a>.</li><li>2) Look at the Prisms and Pyramid chart below.</li><li>3) Draw a T-Char in your book with the headings Prism and Pyramid.</li></ol> <table border="1" data-bbox="710 1507 1062 1740"><thead><tr><th>Prism</th><th>Pyramid</th></tr></thead><tbody><tr><td></td><td></td></tr></tbody></table> <ol style="list-style-type: none"><li>4) Write the prisms and pyramids from the chart (as well as any others you know) under the correct heading of the Chart. If you can draw them, please try to add pictures too.</li></ol>	Prism	Pyramid		
Prism	Pyramid				

	<p><b>Optional Extension:</b> Do you think any of these shapes are Prisms or Pyramids? Why/Why not? Explain using what you have learnt about prisms and pyramids.</p> <table><tr><td> Sphere</td><td> Ellipsoid</td><td> Ellipsoid</td></tr><tr><td> Cylinder</td><td> Octahedron</td><td> Dodecahedron</td></tr></table>	 Sphere	 Ellipsoid	 Ellipsoid	 Cylinder	 Octahedron	 Dodecahedron
 Sphere	 Ellipsoid	 Ellipsoid					
 Cylinder	 Octahedron	 Dodecahedron					
11 am - 12 pm	<b>LUNCH</b>						
12 pm - 1pm	<p><b><u>Inquiry: Australian State research</u></b> Today we are learning to research some facts about a State/Territory in Australia.</p> <p>Choose one of the states/territories from Australia. You are going to research the state/territory and find out aspects such as flora, fauna, capital city, towns, landmarks, native animals and flowers in your chosen state. You can use Atlases and the internet to help research their state.</p> <p>Present this information on a poster using the template underneath.</p> <p>You have today and Wednesday's Inquiry lesson to complete this task, make sure you colour in all of your drawings, and when you find your facts you are not copying the words straight from the internet! Put your research into your own words.</p>						
1 pm - 1.30 pm	<p><b><u>Spelling</u></b> The learning intention is to spell the trigraph 'ear' like in ear.</p> <ol style="list-style-type: none"><li>1) Look at the /ear/ words below.</li><li>2) Read the words in your spelling colour group out a loud.</li><li>3) Practise saying the words a few times.</li><li>4) Choose any 2 activities from the Spelling Choice Board below.</li><li>5) Read the instructions carefully and complete the activities. Make sure you label the title of each activity in your book or paper.</li></ol>						
1:30 pm - 2 pm	<b><u>Finishing off any learning activities from today</u></b>						
2 pm - 2:30 pm	<b>RECESS</b>						
2:30 pm - 3 pm	<p><b><u>Off Screen Time</u></b> It's time to get off your devices! You can play a game, play outside, read a book, have a chat with your family.</p>						

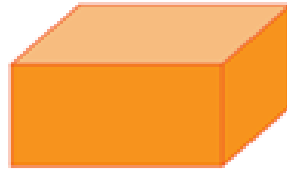
**Maths**

# Prisms and Pyramids

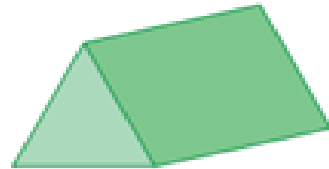
## Prisms



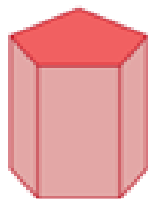
**Cube**



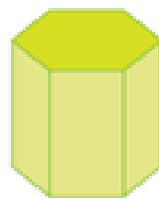
**Rectangular Prism**



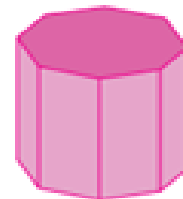
**Triangular Prism**



**Pentagonal Prism**

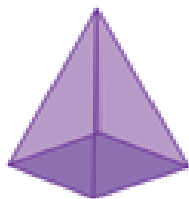


**Hexagonal Prism**

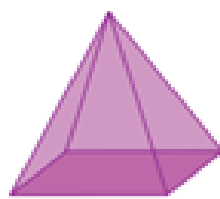


**Octagonal Prism**

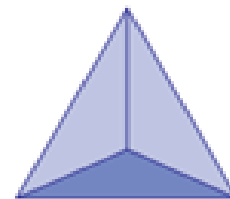
## Pyramids



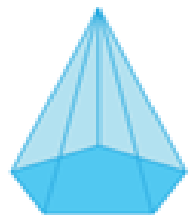
**Square Pyramid**



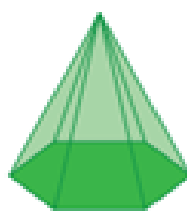
**Rectangular Pyramid**



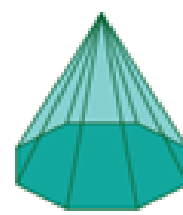
**Triangular Pyramid**



**Pentagonal Pyramid**



**Hexagonal Pyramid**



**Octagonal Pyramid**

## AUSTRALIAN STATES AND TERRITORIES RESEARCH TEMPLATE

Name:

Chosen state/territory:


Name Capital City of the state/territory:	What other states border (are next to) your state/territory?	Draw the shape of your state:
What is the Population of the City:		
Name some landmarks in your state/territory:	Draw the Flag of the State/Territory:	Write 2 other Interesting Facts about your state:
Name and draw the state/territory animal:	Name and draw the state/territory plant:	

**Spelling**

## WEEK 2


**FOCUS:** The trigraph /ear/ making the phoneme 'ear' like in ear

RED	BLUE	GREEN
ear	fearless	fearful
dear	rear	clearing
near	smear	dearly
clear	spear	reappear
fear	appear	earpiece
hear	Year yearly	cochlear
mishear	endear	yesteryear
gear	earmark	nuclear



## Typing Spell

This is a font.	This is a font.
This is a font.	This is a font.
<b>This is a font.</b>	<b>This is a font.</b>
<i>This is a font.</i>	<i>This is a font.</i>



## Typing Spell

This is a font.	This is a font.
This is a font.	This is a font.
<b>This is a font.</b>	<b>This is a font.</b>
<i>This is a font.</i>	<i>This is a font.</i>

# Rainbow Spelling

A vibrant rainbow with seven distinct bands of color (red, orange, yellow, green, blue, indigo, and violet) arches over the title. The rainbow is positioned centrally and spans most of the width of the page.

Make your words with playdoh, lego or any other concrete materials.

A handwriting practice sheet titled 'Fancy Spelling'. It features a series of horizontal lines with a dashed midline. The letters are written in a cursive style. The first row contains the lowercase letters 'a' through 'k'. The second row contains 'l' through 's'. The third row contains 't' through 'y'. The fourth row contains the uppercase letters 'A' through 'K'. The fifth row contains 'L' through 'Z'. The sixth row contains the numbers '1' through '0'. Each letter is shown with a small arrow indicating the starting point and direction of the stroke.

**Fancy Spelling**

a b c d e f g h i j k  
 l m n o p q r s  
 t u v w x y z  
 A B C D E F G H I  
 J K L M N O P Q R  
 S T U V W X Y Z  
 1 2 3 4 5 6 7 8 9 10


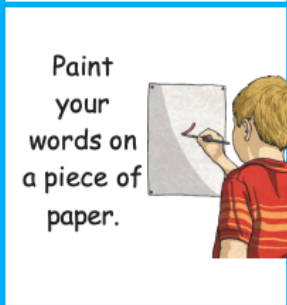
A handwriting practice sheet titled 'Fancy Spelling'. It features a series of horizontal lines with a dashed midline. The letters are written in a cursive style. The first row contains the lowercase letters 'a' through 'k'. The second row contains 'l' through 's'. The third row contains 't' through 'y'. The fourth row contains the uppercase letters 'A' through 'K'. The fifth row contains 'L' through 'Z'. The sixth row contains the numbers '1' through '0'. Each letter is shown with a small arrow indicating the starting point and direction of the stroke.

**Fancy Spelling**

a b c d e f g h i j k  
 l m n o p q r s  
 t u v w x y z  
 A B C D E F G H I  
 J K L M N O P Q R  
 S T U V W X Y Z  
 1 2 3 4 5 6 7 8 9 10

Play a game of hangman to see if you remember your spelling words.

Paint  
your  
words on  
a piece of  
paper.

An illustration of a young boy with blonde hair, wearing a red and yellow striped shirt, seen from the side. He is holding a paintbrush and painting a word on a white rectangular piece of paper. The background is a solid blue color.

Create a wordsearch or crossword using your words.

Use  
your  
words in  
a poem

[illegible]

Write an acrostic poem using one of your words.

Dotty  
Spelling  
Awesome!

Dotty  
Spelling  
Awesome!


Upper/Lower Spell

Ee


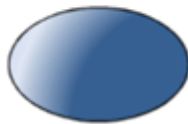
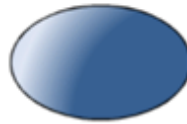
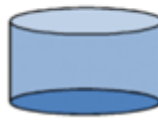



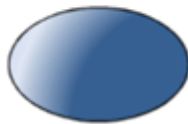
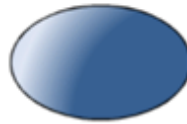
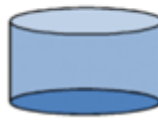



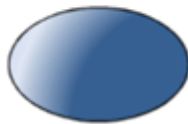
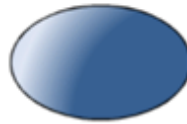
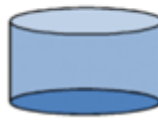


Upper/Lower Spell

Ee

## Tuesday 12th October

<p><b>9 am - 10 am</b></p>	<p><b><u>Literacy:</u></b></p> <p>Watch Part 6 from Matilda. It will be posted on the Class Story page of ClassDojo.</p> <p>How does the tension in the scene where Matilda is scaring Ms. Trunchbull in her house escalate?</p> <p><b>Activity:</b> In your book or on a piece of paper, write down what is the pebble, what is the rock and what is the boulder in that scene? Set your work out in the form of a timeline showing the flow of events from small problem, right through to how it becomes a big problem.</p> 
<p><b>10 am - 11 am</b></p>	<p><b><u>Maths:</u> Properties of 3D Shapes</b></p> <p>Today we are going to have a look at how to analyse and describe the properties of 3D shapes. We can do this by looking at the <b>faces</b>, <b>edges</b> and <b>vertices</b>.</p> <p><b>Tuning In:</b> Play Monster Mansion - Shape Match at: <a href="https://www.abcya.com/games/shape_match">https://www.abcya.com/games/shape_match</a> by matching the shapes to their correct names.</p> <p><b>Activity:</b></p> <ol style="list-style-type: none"> <li>1) Watch How to Describe 3D Shapes at: <a href="https://www.youtube.com/watch?v=3-QwWFkz5hw">https://www.youtube.com/watch?v=3-QwWFkz5hw</a> and/or read the information at: <a href="https://www.mathsisfun.com/geometry/vertices-faces-edges.html">https://www.mathsisfun.com/geometry/vertices-faces-edges.html</a>.</li> <li>2) Complete the Faces, Edges and Vertices of a 3D Shape table below.</li> </ol>




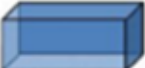

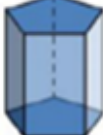



	<p>Remember that you may not be able to see all the properties in the picture!</p> <p><b>Optional Extension:</b> Find the amount of <b>faces</b>, <b>edges</b> and <b>vertices</b> of the following shapes:</p> <table><tr><td> Sphere</td><td> Ellipsoid</td><td> Ellipsoid</td></tr><tr><td> Cylinder</td><td> Octahedron</td><td> Dodecahedron</td></tr></table>	 Sphere	 Ellipsoid	 Ellipsoid	 Cylinder	 Octahedron	 Dodecahedron
 Sphere	 Ellipsoid	 Ellipsoid					
 Cylinder	 Octahedron	 Dodecahedron					
11 am - 12 pm	<b>LUNCH</b>						
12 pm - 1pm	<p><b><u>R.E: Sorrowful Mysteries: Agony in the Garden</u></b></p> <p>Each Religion lesson you will learn about each of these ‘Sorrowful’ events in Jesus’ life. These make up parts of the Rosary that we are learning about and praying this year at Holy Eucharist. We are learning about these stories to relate to Jesus’ life.</p> <ol style="list-style-type: none"><li>1. Play the video about the story of Agony in the garden: <a href="https://www.youtube.com/watch?v=9y2p0CAUfUw">https://www.youtube.com/watch?v=9y2p0CAUfUw</a> (Please ignore the youtuber in the middle of this video but keep watching :-))</li><li>2. Write the Who, What, When and Where and any other key event of this story in the worksheet below. You will be using this worksheet 5 times this week, so keep it somewhere safe.</li></ol>						
1 pm - 1.30 pm	<p><b><u>Silent Reading</u></b></p> <p>Read a book that you have at home, read a website or article online or you might like to use one of the following websites: <a href="https://storyboxlibrary.com.au/">https://storyboxlibrary.com.au/</a> <a href="https://www.sunshineonline.com.au/">https://www.sunshineonline.com.au/</a> <b>Story Box Library and Sunshine Online Login Details:</b> Username and Password: heps3021</p>						
1:30 pm - 2 pm	<p><b><u>Afternoon Google Meet and finishing off any learning activities from today</u></b></p>						
2 pm - 2:30 pm	<b>RECESS</b>						
2:30 pm - 3 pm	<p><b><u>Off Screen Time</u></b></p> <p>It’s time to get off your devices! You can play a game, play outside, read a book, have a chat with your family.</p>						

**Maths**

## Faces, Edges and Vertices of 3-D Shapes

Fill in the following table.

Shape	Name	Number of Faces	Number of Edges	Number of Vertices
	Triangular Pyramid			
	Square Pyramid			
	Cube			
	Cuboid			
	Triangular Prism			
	Pentagonal Prism			
	Hexagonal Prism			

# Sorrowful Mysteries of the Holy Rosary

Draw a picture for each of the Sorrowful Mysteries.

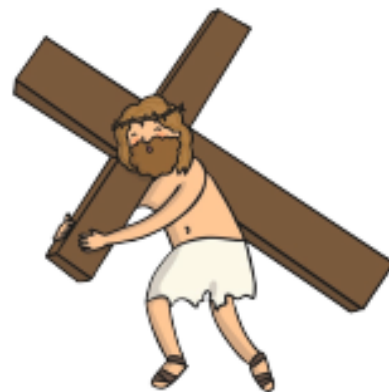
**1. The Agony in the Garden**

**2. The Scourging at the Pillar**

**3. The Crowning with Thorns**

**4. The Carrying of the Cross**

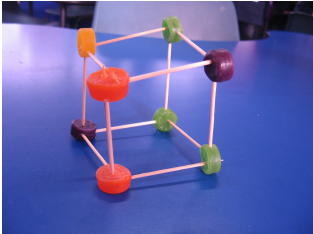
**5. The Crucifixion**



9 am - 10 am	<p><b><u>Literacy: Reviewing Matilda</u></b></p> <p>Finish watching the film Matilda. The video will be posted on the Class Story page of ClassDojo.</p> <p><b><u>Reflect</u></b></p> <ul style="list-style-type: none"> <li>• What do you think about the ending of the movie? Did you like it?</li> <li>• Did the ending resolve any problems? How?</li> <li>• How have the characters changed at the end of the movie? What have they gained and/or lost?</li> </ul> <p><b>Activity:</b> Complete an audience review on the movie Matilda. Reflect on the following questions:</p> <ol style="list-style-type: none"> <li>1. Who was your favourite character in the movie Matilda, and why?</li> <li>2. What was your favourite part of the movie? Draw your favourite scene.</li> <li>3. Would you recommend this movie to a friend?</li> <li>4. What would you rate this movie out of 10? What are your reasons for not rating it a full 10/10?</li> </ol>
10 am - 11 am	<p><b><u>Maths: 3D Shape Nets and Models</u></b></p> <p>Today you are going to have a look at the <b>net</b> of a 3D shape. This is the skeleton of a 3D shape, what it looks like if it was opened up. Today you will be using any materials you have at home or school to make models of 3D shapes.</p> <p><b>Tuning In:</b> Play Nets of 3D Shapes at:  <a href="https://www.turtlediary.com/game/nets-of-3d-shapes.html">https://www.turtlediary.com/game/nets-of-3d-shapes.html</a>. Try both Level 1 and 2 where you have to identify the shape the 3D shape can as well as choose all the possible nets a 3D shape can make.</p> <p><b>Activity:</b></p> <ol style="list-style-type: none"> <li>1) Choose 4 different prisms and/or prisms to make.</li> <li>2) You can use any materials you have at home or school to make your shapes. These can be toothpicks, thin pasta, straws, play dough/clay/blutak, or marshmallows. You might like to watch this that may help you to make your models: <a href="https://www.youtube.com/watch?v=L616eNqExTc">https://www.youtube.com/watch?v=L616eNqExTc</a>        If you do not have these materials, you can print out shape nets from: <a href="https://www.greatmathsteachingideas.com/wp-content/uploads/2012/03/Making-3D-Shapes.pdf">https://www.greatmathsteachingideas.com/wp-content/uploads/2012/03/Making-3D-Shapes.pdf</a>.</li> <li>3) When you have made your 4 models, complete the 3D Shape Model Chart below about your shapes and their properties.</li> </ol> <p><b>Optional Extension:</b>        On paper, try to draw the nets of the models you have just made.</p>
11 am - 12 pm	<b>LUNCH</b>
12 pm - 1pm	<p><b><u>Inquiry: Finishing off Australian State research</u></b></p> <p>Today we are learning to research some facts about a State/Territory in Australia.</p> <p>You are going to finish off your research on one of the states/territories from Australia.</p>

	<p>This is your last chance to complete this task, make sure you colour in all of your drawings, and when you find your facts you are not copying the words straight from the internet!</p> <p>Reread your sentences to make sure everything makes sense.</p> <p>Once finished, take a photo of your poster and upload it to ClassDojo.</p>
<b>1 pm - 1.30 pm</b>	<p><b><u>Silent Reading</u></b>  Read a book that you have at home, read a website or article online or you might like to use one of the following websites:  <a href="https://storyboxlibrary.com.au/">https://storyboxlibrary.com.au/</a>  <a href="https://www.sunshineonline.com.au/">https://www.sunshineonline.com.au/</a>  <b><i>Story Box Library and Sunshine Online Login Details:</i></b>  Username and Password: heps3021</p>
<b>1:30 pm - 2 pm</b>	<p><b><u>Afternoon Google Meet and finishing off any learning activities from today</u></b></p>
<b>2 pm - 2:30 pm</b>	<p><b>RECESS</b></p>
<b>2:30 pm - 3 pm</b>	<p><b><u>Off Screen Time</u></b>  It's time to get off your devices!  You can play a game, play outside, read a book, have a chat with your family.</p>

Maths - 3D Shape Models

Photo/Picture	Shape Name	Faces	Edges	Vertices
<div>Example</div> 	<div>Example</div>  Cube	<div>Example</div>  6	<div>Example</div>  12	<div>Example</div>  8

## Thursday 14th October

Today you will have your specialist classes. If you have any questions or problems about your tasks, please message your specialist teachers on ClassDojo or at the following email addresses:

- P.E (Mr. Herrera): [Heribert.Herrera@hestalbanssth.catholic.edu.au](mailto:Heribert.Herrera@hestalbanssth.catholic.edu.au)
- Music (Mr. O'Bree): [Damian.OBree@hestalbanssth.catholic.edu.au](mailto:Damian.OBree@hestalbanssth.catholic.edu.au)
- L.O.T.E/Chinese (Miss Sun): [Miyi.Sun@hestalbanssth.catholic.edu.au](mailto:Miyi.Sun@hestalbanssth.catholic.edu.au)
- Art (Mrs. Hickey): [Shobha.Hickey@hestalbanssth.catholic.edu.au](mailto:Shobha.Hickey@hestalbanssth.catholic.edu.au)
- Digital Technologies (Ms. Faraj): [Vivian.Faraj@hestalbanssth.catholic.edu.au](mailto:Vivian.Faraj@hestalbanssth.catholic.edu.au)

9:10 am - 9:30 am	<b><u>Whole School Liturgy</u></b>
9:30 am - 10 am	<b><u>Specialists</u></b> You will be participating in your specialist classes. Please check ClassDojo for your lesson from your specialist teacher or complete the worksheet in your Homework pack.  <b>3S0</b> - Art (Mrs. Hickey) <b>3CL</b> - LOTE (Miss Sun) <b>3DX</b> - P.E (Mr. Herrera) <b>3TN</b> - Music (Mr. O'Bree)
10 am - 10:30 am	<b><u>Specialists</u></b> You will be participating in your specialist classes. Please check ClassDojo for your lesson from your specialist teacher or complete the worksheet in your Homework pack.  <b>3S0</b> - Music (Mr. O'Bree) <b>3CL</b> - Art (Mrs. Hickey) <b>3DX</b> - LOTE (Miss Sun) <b>3TN</b> - P.E (Mr. Herrera)
10:30 am - 11 am	<b><u>Specialists</u></b> You will be participating in your specialist classes. Please check ClassDojo for your lesson from your specialist teacher or complete the worksheet in your Homework pack.  <b>3S0</b> - P.E (Mr. Herrera) <b>3CL</b> - Music (Mr. O'Bree) <b>3DX</b> - Art (Mrs. Hickey) <b>3TN</b> - LOTE (Miss Sun)
11:00 am - 12 pm	<b>LUNCH</b>
12:00 pm - 12:30 pm	<b><u>Specialists</u></b> You will be participating in your specialist classes. Please check ClassDojo for your lesson from your specialist teacher or complete the worksheet in your Homework pack.  <b>3S0</b> - LOTE (Miss Sun) <b>3CL</b> - P.E (Mr. Herrera) <b>3DX</b> - Music (Mr. O'Bree) <b>3TN</b> - Art (Mrs. Hickey)
12:30 pm - 1 pm	<b><u>Digital Technologies</u></b> Please complete the Digital Technology task for Ms. Faraj on ClassDojo.
1 pm - 1:30 pm	<b><u>S.E.L.</u></b>



	<p><b><u>Perseverance 'Climbing out of the Dip'</u></b></p> <p>Watch the episode '<u>Climbing out of the Dip</u>' uploaded on Class Story.  <a href="https://ideas.classdojo.com/i/perseverance-the-dip-2">https://ideas.classdojo.com/i/perseverance-the-dip-2</a></p> <p><b>Activity:</b></p> <ol style="list-style-type: none"> <li>1. What should you do when you make a mistake?</li> <li>2. What should you do if you continue to make mistakes?</li> <li>3. What does 'neuron' mean?</li> <li>4. How do we escape the dip?</li> </ol>
<b>1:20 pm - 2 pm</b>	<b><u>Afternoon Google Meet and finishing off any learning activities from today</u></b>
<b>2 pm - 2:30 pm</b>	<b>SNACK</b>
<b>2:30 pm - 3 pm</b>	<p><b><u>Off Screen Time</u></b></p> <p>It's time to get off your devices!          Complete a physical activity of your choice (e.g. sport game, riding bike, skipping, Just Dance) or play a game (e.g. cards, marbles, toys).</p>



## **Holy Eucharist Catholic Primary School**

**1a Oleander Drive, St Albans South, VIC 3021**

Phone: 8312 0900 Fax: 9366 8192

[www.hestalbanssth.catholic.edu.au](http://www.hestalbanssth.catholic.edu.au)



**GRADES 3 and 4**

**Visual Arts Term 4 Week 2**

### **Learning Intentions:**

**This week you are going to learn to design a creative card with a difference to celebrate an Indian festival called Diwali, which is a festival of light, celebrated in November.**

#### **How do people celebrate Diwali?**

Homes and businesses celebrate the festival of light by using divas, which are small clay lamps, and by decorating with strings of lights. There are large fireworks celebrations to honour the message of the celebration of light overcoming the dark.

Rangoli patterns – colourful artwork made of rice or powder – are created at the entrances to homes. New clothes are worn during the festival, and the house is cleaned to welcome Lakshmi before Diwali begins.

During the festival, gifts are exchanged, sweet and savory foods are eaten, and those celebrating are encouraged to help others in need.

**\*You will make your own card with the lit clay pot divas on the front of your card. You can write Happy Diwali in fancy handwriting.**

**You will need: paper, coloured pencils or paint or coloured paper**





# HOLY EUCHARIST SCHOOL

1A Oleander Drive St Albans South

Ph: 8312-0900



## Week 2 Physical Education TASK Grade 3 & 6 Remote Learning

Hello 3-6 students, parents and carers,

Here are WEEK 2 activities, students can access the websites using a device. Some activities require sports equipment, use something from around the house that would do the same job as the sports equipment. You need a small space to do most of these activities, if you have outdoor space then use that.

### STUDENTS:

**If you don't have access to a digital device or internet, go for a bike ride, walk, little jog, kick to kick with siblings or adults (if weather permits).**

**Please do these activities or get outside and get active with siblings or adults. (If weather permits).**

**Remember to HAND IN your work by posting a picture on Google Classroom and answering the two questions for the main activity. (Class Dojo for Grade 3 students).**

Students and Parents, please don't hesitate to contact me for any help or support on: [heribert.herrera@hestalbanssth.catholic.edu.au](mailto:heribert.herrera@hestalbanssth.catholic.edu.au)

**Warm-Up 5 Minutes**  
I'm learning to warm-up correctly.

•




**Learning Intention:**  
I'm learning to warm-up correctly.

### Equipment:

- Water Bottle
- Yoga mat (if you have one)
- Space to exercise

Warm Up Video:

Link: [Week 4 Hopping Exercise With Mr.H](#)

	 <p>Warm up with Mr. Herrera</p>
<p><b>Activity or Skill</b>  <b>Yoga Sessions</b>  <b>Learning Intention:</b></p> <ul style="list-style-type: none"> <li>I'm learning to push myself and see how fit I am.</li> </ul>	<p><b>ACTIVITY</b>  <b>Link:</b> <a href="#">15 Minute Low Impact Workout for Seniors   The Body Coach TV</a></p> 
<p><b>Warm-Down</b></p> <p><b>Learning Intention:</b></p> <ul style="list-style-type: none"> <li>I'm learning to stretch correctly after my main activity.</li> </ul>	<p><b>Warm down for 5 to 10 minutes:</b>  <b>Link:</b> <a href="#">Here's a STRETCHING routine you can use in any PE lesson + learn the music (part 1)</a></p> 
<p>Stay Safe and take care of your family.  <b>Mr. Herrera Physical Education Teacher.</b></p>	

## **Music Term 4 Week 2**

**Gr. 3-6**

**Listen to these 10 musical introductions and tell me what their tempo is by using the online metronome you used last week and the table below**

**as a tool to help you.**

**[Top 10 Epic Intros in Classical Music \[HQ\]](#)**

**<https://www.imusic-school.com/en/tools/online-metronome/>**

**You can listen to just enough of each introduction to work out the tempo and then go to the next one. Do as many as you can if you can't do all 10.**

# LOTE

Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_

1	2	3	4	5	6	7	8	9	10
一	二	三	四	五	六	七	八	九	十

Activity: Translate the following prices into English (Example: 八十三元 = 83 yuan)

1. 十元 = <small>shí yuán</small>	2. 三十九元 = <small>sān shí jiǔ yuán</small>
3. 五十八元 = <small>wǔ shí bā yuán</small>	4. 六十四元 = <small>liù shí sì yuán</small>
5. 二十七元 = <small>èr shí qī yuán</small>	6. 十一元 = <small>shí yī yuán</small>

Which one is the most expensive one? Circle it!

1



七元

2



八元

3



十元

Which one is the cheapest one? Circle it!

1



四十四元

2



四十八元

3



四十五元



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### Term 4 Week 2: **DIGITAL TECHNOLOGY: e-Safety**

1. Watch the video about Cyberbullying - Turn it around music video: Rock out with Hector and his friends. The link to the video is <https://vimeo.com/113869543>
2. Read the words from the song sheet below
3. Record your song: Record yourself singing the song from the song sheet or you can write and sing your own song about cyberbullying. Children in grades 3-6 can choose to record the song as a SCRATCH animation.

**Hector's World**  
Cyberbullying: Turn It Around  
Music & Lyrics by Owen Saunders

If you feel you're being bullied  
And you're feeling down  
Tell someone you trust  
To help turn it around  
You can feel so alone  
But there're things you can do  
Trust in someone who's always there for you

Cyberbullying, it's just not right  
It's just not cool  
It's time to make it right  
Be part of the solution  
C'mon make a stand  
Hector and his friends will lend a helping hand

If you feel you're being bullied  
And you're feeling down  
Tell someone you trust  
To help turn it around  
Tell someone you trust  
And soon you will see  
The power of a caring community


Cyberbullying, it's just not right  
It's just not cool  
It's time to make it right  
Be part of the solution  
C'mon make a stand  
Hector and his friends will lend a helping hand

**Holy Eucharist  
eSafety Song Competition**  
**Would you like to enter the competition?**  
All you need to do is to let me know when you  
hand in your work that you also want to enter  
your video into the eSafety Song Competition.  
**The song entry will be judged by  
Mr Bonnici, Miss Christie and Mr O'Bree.**  
**Competition closing date:  
Friday 15<sup>th</sup> October, 2021**  
The winners will be announced in the next  
school newsletter.

<https://www.esafety.gov.au/sites/default/files/2019-09/hectors-world-songsheet-cyberbullying-turn-it-around-colour.pdf>



## Friday 15th October

<p><b>9 am - 10 am</b></p>	<p><b><u>Literacy: Superpowers</u></b></p> <p>In the movie Matilda, we find out that she has a super power. She is able to move things with her eyes, like when she pushed the glass over just by looking at it.</p> <p>If you had a superpower, what would it be? Draw yourself in your book or on a piece of paper, showing you and your superpower. You may want to add a special feature to showcase your new power, like a set of glasses to be able to see through walls. Some 'super power' features which your illustration might include are:</p> <ul style="list-style-type: none"> <li>• Flying</li> <li>• Mind-reading</li> <li>• Super speed</li> <li>• Strength</li> <li>• Sonic-hearing</li> <li>• Invisibility</li> <li>• Fire breathing</li> <li>• Ice breathing</li> <li>• Time travel</li> <li>• Teleportation</li> </ul>  <p>Write a paragraph describing yourself as a character. Include lots of adjectives to describe how you look and remember to include what your super powers are. You can also use similes to describe your special features. <b>Example, 'I have super speed as fast as a comet shooting through the galaxy.'</b></p>
<p><b>10 am - 11 am</b></p>	<p><b><u>Maths: Shape Post-Assessment</u></b></p> <p>We have now come to the end of our Shape unit. Today you are going to demonstrate what you have learnt about Shape on Essential Assessment. <b>Please remember to do this assessment to the best of your ability and on your own!</b></p> <p><b>Speed &amp; Accuracy:</b> Complete Sunset Maths from Essential Assessment at <a href="https://www.essentialassessment.com.au/student/">https://www.essentialassessment.com.au/student/</a>.</p> <p><b>Activity:</b></p> <ol style="list-style-type: none"> <li>1) Go to Essential Assessment student login at: <a href="https://www.essentialassessment.com.au/">https://www.essentialassessment.com.au/</a>.</li> <li>2) Login into your account (please message your teacher if you need your details).</li> <li>3) Click <b>Measurement and Geometry</b> (the blue circle).</li> <li>4) Complete the <b>Post Assessment</b> (if you did not do the Pre-Assessment, the post will be locked and you can only do the Pre-Assessment).</li> <li>5) Please ask the questions to the best of your ability. If you do not know the answer to a question, select 'I Don't Know'.</li> <li>6) Double check your work at the end and then submit your test.</li> </ol> <p><b>Optional Extension:</b> Complete the My Numeracy Tasks in the area of Shape from Essential Assessment at <a href="https://www.essentialassessment.com.au/student/">https://www.essentialassessment.com.au/student/</a>.</p>
<p><b>11 am - 12 pm</b></p>	<p><b>LUNCH</b></p>
<p><b>12 pm - 1pm</b></p>	<p><b><u>R.E: Sorrowful Mysteries: The Scourging at the Pillar</u></b></p> <p>Please read the passage below from Chapter 19 of the Gospel of John, then look at the artwork below.</p> <p><b>Then Pilate took Jesus and had him flogged. 2 The soldiers twisted together a crown</b></p>



of thorns and put it on his head. They clothed him in a purple robe <sup>3</sup> and went up to him again and again, saying, "Hail, king of the Jews!" And they slapped him in the face.



1. Fill in the worksheet from Tuesday's Religion lesson from the Gospel passage and the art work. Write the Who, What, When and Where and any other key event of this story in the worksheet below.

**1 pm - 1.30 pm**

**Silent Reading**

Read a book that you have at home, read a website or article online or you might like to use one of the following websites:

<https://storyboxlibrary.com.au/>

<https://www.sunshineonline.com.au/>

**Story Box Library and Sunshine Online Login Details:**

Username and Password: heps3021

**1:30 pm - 2 pm**

**Afternoon Google Meet and finishing off any learning activities from today**

**2 pm - 2:30 pm**

**RECESS**

**2:30 pm - 3 pm**

**Off Screen Time**

It's time to get off your devices!

You can play a game, play outside, read a book, have a chat with your family.