



Principal:

Mr. Michael Bonnici

principal@hestalbanssth.catholic.edu.au

Deputy Principal:

Ms. Anne-Marie Conte

Redemptorist Community:

Fr. John Hodgson CSsR

Fr. Joseph Xuan Hieu Nguyen, CSsR

Fr. Robin Lomangkong, CSsR

(P) 9366 1310

Mass Times:

Tuesday – Friday: 9am (English)

Saturday: 5pm (English)

7:30pm (Vietnamese)

Sunday: 8:45am, 10.00am, 6pm (English)

12pm (Vietnamese)

Prep: Samenta Ganesanantham, Juliana Bizjak & Thy Tran

Grade 1: Dion Xuereb, Jo Dragovic & Jin-Young Lee,

Grade 2: Mary James, Thilini Nanayakkara & Celine Goulding

Grade 3: Christine Saunders/CB, Angela Lopez-Dee & Allana Curmi

Grade 4: Elise Ring, Beatrice Mariano, Stefany Nemet & Zachary Gordon

Grade 5: Julie Murnane, Raquel McClurg, Janelle Dumaguit & Matthew Laureano

Grade 6: Kathryn Barrie, Jacelle Cablaou, & Michael Higgins/Kathleen Morrison

Education in Faith Leader: Anne-Marie Conte

Learning & Teaching Leader: Erin McNally

Literacy Leader/Intervention: Jane Hurren

Literacy Intervention: Karen Colman.

Maths Leader/Tutoring P-6: Erin McNally

Maths Intervention: Maryanne Camilleri

Learning Diversity/Wellbeing Leader: Julie Semcesen

Family & Community Engagement/

Wellbeing Leader: Crystal Carmuciano

Mental Health in Primary Schools Leader

(MHIIPS) / School Counsellor: Edward Faraci

Speech Pathologist: Claire Huntington

STEM/ ICT Leader Clare Christie

Music: Colleen Azzopardi

Visual Arts: Shobha Hickey

Physical Education: Jake Franze

Visual Arts/Physical Education: Jocelle Cachero

LOTE: Joe Sirianni

EAL/New Arrival: Irene Jurista

Library: Jenny Bistricki

Business Manager: Sue Smart

Administration Staff: Mandy Huong, Stefani Richardson, Georgina Vella

Learning Support Officers:

Nwanes Bahnam, Nu Cuai, Menka Dave,

Br Noel Debono, Ester Dawt Thluai,

Jessica Di Pietro, Catherine Hoang, Sara Kasko,

Erica (Thoa) Le, Lorna Naidu, Celia (Thoi) Nguyen,

Chau Nguyen, Trang Nguyen, Shalindi

Pandithakorale, Thi Phan, Elizabeth Sant,

Rosemarie Slater, Alesha Tran, Frances Wulf,

Mary Xuereb, Sarah Xuereb, Rita Zammit,

Cleaners: June Balatbat & Maria Attard

School Maintenance: Peter Buttigieg

Newsletter No. 15 – Friday 17th October 2025

HOLY EUCHARIST PRIMARY SCHOOL

Holy Eucharist School - St Albans South

Address: 1A Oleander Drive, St Albans VIC 3021.

Postal Address: 20 Chedgely Drive, St Albans VIC 3021

Phone: 8312 0900 **Website:** www.hestalbanssth.catholic.edu.au

October:
The Month
of the
Holy Rosary



Did you know that in the Catholic Church, October is known as the Month of the Holy Rosary?

It's a special time when we are invited to pray the Rosary, think about the lives of Jesus and Mary, and grow closer to God through this beautiful prayer.

The word Rosary comes from a Latin word that means "a garland of roses." The rose is a flower that reminds us of Mary, the mother of Jesus.

When Our Lady of Fatima appeared to three shepherd children in Portugal on May 13, 1917, she gave them a simple and powerful message:

"Pray the Rosary every day to bring peace to the world."

That message is still important today! Praying the Rosary can help us find peace in our hearts, our families, and in the world.

On October 7, we celebrate the Feast of Our Lady of the Rosary—a day to thank Mary for her love and ask her to pray for us.

In October, we will be praying one decade of the Rosary each week (one Our Father, ten Hail Marys, and a Glory Be). Every prayer is like a rose offered to Mary!

Let us pray: Grant, we beg you, O Lord God, that we your servants, may enjoy lasting health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ our Lord, Amen.

Dear Holy Eucharist Community,

Welcome back to another busy and exciting term at school! It's hard to believe we've already arrived at the final term of the school year. Our dedicated staff have hit the ground running, not only preparing for a smooth Term 4 but also looking ahead to the new school year. We are especially excited to welcome our 2026 Prep students who will be joining us for Pre-Prep sessions beginning in early November. We look forward to having them and their families become part of our school community.

Over the holiday break, we completed a number of projects aimed at enhancing our school environment. The Art Room in the Hindmarsh Building received a fresh coat of paint, new shade sails were installed over the old adventure playground, and all of the school gutters were cleaned. A special thank you to Mrs Maria Attard, our cleaner, who has done an outstanding job preparing the school for the start of Term 4.

I am pleased to share some exciting news regarding our facilities. Archbishop Peter Comensoli has granted approval to Melbourne Archdiocese Catholic Schools, on behalf of Holy Eucharist School, St Albans, for the refurbishment of the Glennen Building, which will include a roof replacement. In addition to this our planning permit was approved just prior to the holidays, and the tender site inspection has been scheduled for 30th October 2025.

In preparation for this major refurbishment, our Prep and Year 1 classes, along with the Learning and Teaching office and the Literacy office, will need to relocate to other areas within the school. I anticipate this move will take place around mid-Term 4. Further details and updates will be shared with you in the coming weeks.

Thank you for your continued support as we work together to provide the best environment for your children to learn and thrive.

Wishing you all a restful and enjoyable weekend ahead.

God bless,

Michael Bonnici

principal@hestalbanssth.catholic.edu.au



Melbourne Archdiocese
Catholic Schools



50 Celebrating
years

Holy Eucharist Primary School
1A Oleander Drive, St Albans VIC 3021

Engaging, Educating and Empowering our diverse Christ-centred community

SUN-SMART REMINDER - SCHOOL HATS IN TERM 4

Now that we are in Term 4, we'd like to remind all families that students and staff are required to wear a hat when outdoors, in line with our SunSmart policy.

It is a school expectation that all students:

- Wear their school hat during outdoor activities such as recess, lunch, sport, and excursions.
- Attend school in their correct school uniform each day.

This policy helps us promote sun safety and protect our students during the warmer months.

If your child needs a new hat, they are now available for purchase from the school office.

Thank you for your support in ensuring all students are prepared for a safe and sun-smart Term 4.



GRADE 3-6 ATHLETICS SCHOOL CARNIVAL DAY 2025

Our Year 3-6 students took part in the annual School Athletics Carnival at the Brimbank Athletics Track. The Grade 3-6 students participated in a day filled with spirited competition, teamwork, and fun!

The students eagerly took part in various activities, including tabloid games, athletics track and field events, all while striving to earn points for their respective house colours. It was wonderful to witness our students enjoying the day and cheering on their fellow teammates.

I would like to thank Mr Jake Franze for co-ordinating the events and our teachers and Learning Support Officers (LSOs) for their help and support throughout the day.



PREP 2026

All Prep 2026 families will be receiving information from the school office regarding the Pre-Prep Program and Orientation Day. This letter will provide you with crucial details about your child's scheduled Pre-Prep sessions, as well as information about the whole school Orientation Day. We understand that a smooth transition into the new school year is of utmost importance, and therefore, we kindly request that your child attends all Pre-Prep sessions and the Orientation Day.

PRE-PREP 2026

The Pre-Prep Program will span two weeks; however, the students will be asked to attend one Pre-Prep session per week. We look forward to welcoming your child into Prep 2026. If, for any reason, your child cannot attend these sessions, please promptly inform the school office. Please see Pre-Prep Program dates below:

<u>WEEK 1</u>	<u>WEEK 2</u>
• Wednesday 5th Nov (9-10:30am, 11:30-1pm) • Thursday 6th Nov (9-10:30am, 11:30-1pm)	• Wednesday 12th Nov (9-10:30am, 11:30-1pm) • Thursday 13th Nov (9-10:30am, 11:30-1pm)

ORIENTATION DAY FOR 2026

The whole school Orientation Day (including Prep 2026) is scheduled for Tuesday, 2nd December 2025, at 2 pm. This event plays a pivotal role in ensuring your child's familiarity with the school environment and would love to see all of our 2026 Preps there.



END OF YEAR SCHOOL PICNIC AND CAROLS

Once again, we are going to have family picnic and carols on the oval. This event will be held on **Wednesday 3rd December**. The picnic will commence at 5:00pm followed by carols at 6:30pm (weather permitting). We will also be fundraising on the day. We will be having a sausage sizzle stand and selling drinks. Our Christmas raffle will also be drawn on the night.

Our students will be performing on a large stage on the school oval. During the performance, the students will be sitting on the oval in their class groups. Parents/carers are asked to bring a picnic rug/picnic chairs. We all look forward to seeing you there!



GRADE 6 GRADUATION

The Grade 6 Graduation Ceremony will take place in the church, on **Tuesday 9th December 2025**, at 6pm. The Graduation Ceremony will begin with Mass followed by presentations.

It's a wonderful opportunity for parents, guardians and families to join with the Holy Eucharist teachers and staff to celebrate the students' wonderful achievements. More information will be sent to families in the coming weeks.



SCHOOL CLOSURE DAYS

Please note that the school will be closed on the following days:

- **Monday 3rd November** (Report Writing Day – No school – Camp Australia WILL be operating)
- **Tuesday 4th November** (Melbourne Cup - Public Holiday – Camp Australia WILL NOT be operating)



WORLD MISSION SUNDAY

This Sunday is World Mission Sunday. World Mission Sunday is a day set aside for the Catholic Church throughout the world to publicly renew its commitment to the missionary movements, coordinated by the Pontifical Mission Societies, who are also known as *Missio*. It is celebrated on the second last Sunday of October every year.

Some of our staff will be present at the 10am Mass to celebrate this event.



WELCOME

In staffing news, we are delighted to welcome Jocelle Cachero to our team. Jocelle will be taking students for literacy Intervention on Mondays. She will also be working alongside the Physical Education and Visual Arts teachers and sharing the teaching load on Thursdays and Fridays, from now until the end of the year.

We also welcome 2 new Learning Support Officers (LSOs) to school.

- Lorna Naidu – working on Monday to Thursday
- Br Noel Debono – working on Thursdays and Fridays

We are excited to have these new staff members on board and know they will be a wonderful addition to our school community. Please make them welcome.

CAMP AUSTRALIA – Out of Hours Care

If you need to go to work or have other commitments before 8:30am, then your child/ren will need to go to **Before School Care**. Camp Australia is contracted by the school to provide this service from 7am each day until 8:30am. **After School Care** is also available from 3:10am until 6pm. Parents/Carers will need to enrol their child prior to their child attending the service, which will incur a fee (*Please note, you may be eligible to receive subsidies of up to 90% on Your OSHC fees with the Child Care Subsidy (CCS). We strongly recommend you apply for the CCS to determine your eligibility.*)

For more information regarding Out of Hours Care (Camp Australia), please visit our school website for more information <https://www.hestalbanssth.catholic.edu.au/enrolment-information/before-after-school-care/>



STUDENT OF THE WEEK AWARDS

Class teachers will select one student per week to receive the "Student of the Week" award. The names of these students (first name only) will be published in our newsletter. This week we congratulate the following students:

<u>Prep TT</u> Week 9: Gia Nhi Week 1: Amelia Week 2: Vincent	<u>Prep SG</u> Week 9: Cindy Week 1: Brian Week 2: Emmy	<u>Prep JB</u> Week 9: Queenie Week 1: Amos Week 2: Linda	
<u>Year 1DX</u> Week 9: Alex Week 1: Sally Week 2:	<u>Year 1JL</u> Week 9: Victoria Week 1: Myna Week 2: Benjamin	<u>Year 1JD</u> Week 9: Ayden Week 1: Rachel Week 2: An	
<u>Year 2TN</u> Week 9: Week 1: Dominic Week 2: Favor	<u>Year 2CG</u> Week 9: Christopher Week 1: Ava Week 2: Elisia	<u>Year 2MJ</u> Week 9: Tim Week 1: Helen Week 2: Tony	
<u>Year 3AL</u> Week 9: Bella Week 1: Jessica Week 2: Alpha	<u>Year 3 AC</u> Week 9: Hana Week 1: Roman Week 2: Tien	<u>Year 3S/B</u> Week 9: Hao Week 1: Hayley Week 2: Kaiden	
<u>Year 4ZG</u> Week 9: Solomon Week 1: Monica Week 2: Jayden	<u>Year 4SN</u> Week 9: Elayne Week 1: Alesanna Week 2: Anna	<u>Year 4BM</u> Week 9: Benjamin Week 1: Chloe T Week 2: Vivian	
<u>Year 5RM</u> Week 9: Jason Week 1: Amanda Week 2: Aariyana	<u>Year 5JM</u> Week 9: Keira Week 1: Albert Week 2: Amy	<u>Year 5JD</u> Week 9: Elisa Week 1: Jasmine Week 2: Elle	<u>Year 4ER</u> Week 9: Rebal Week 1: Alaska Week 2: Linh
<u>Year 6JC</u> Week 9: Flynn Week 1: Julie M Week 2: Michael	<u>Year 6H/M</u> Week 9: Destiny Week 1: Minh Week 2: Narcisa	<u>Year 6KB</u> Week 9: Monica Week 1: Mandy Week 2: Skyrik	
			<u>Year 5ML</u> Week 9: Annie Week 1: Hayden C Week 2: Jasmine

GAS HEATERS

All gas heaters in the school, including the hall, underwent a comprehensive safety inspection during the school break, and I am pleased to report that these inspections have been successfully completed.

Mr Michael Bonnici

Principal

principal@hestalbanssth.catholic.edu.au

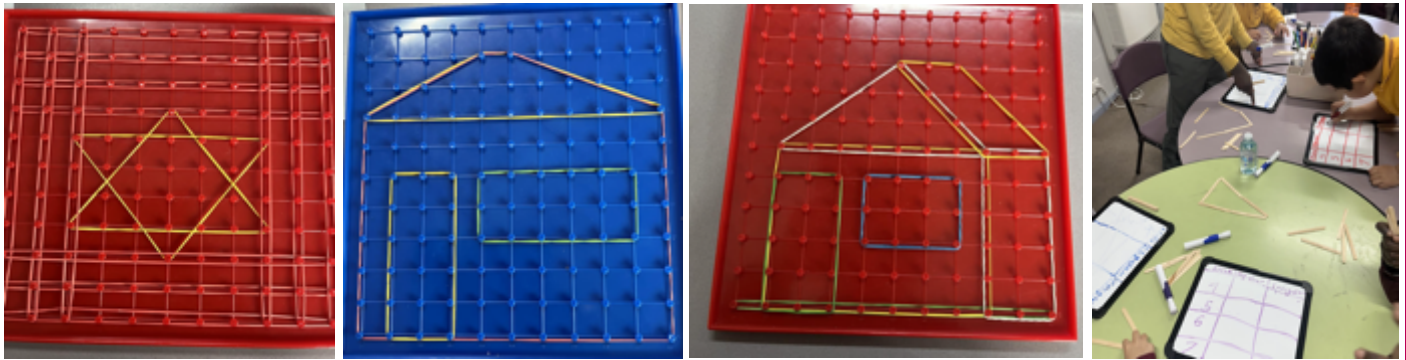
LEARNING & TEACHING-MATHEMATICS

Maths fun with shapes!

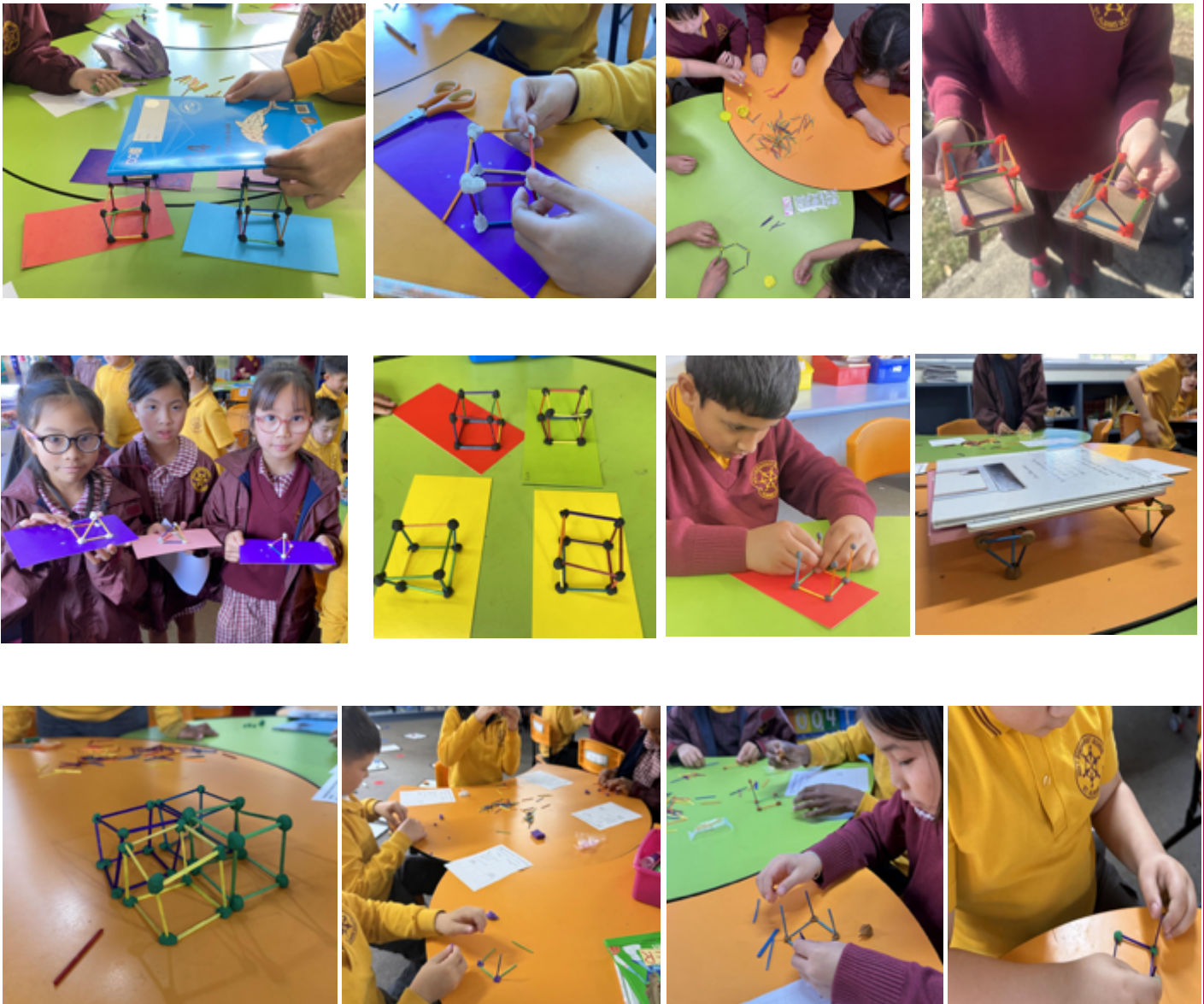
This semester, different year levels have been exploring the features and properties of two and three-dimensional (2D & 3D) shapes, and developing their geometric reasoning skills. When students use geometric reasoning they are able to use shape vocabulary to compare and describe the properties of shapes. They can then use this information to name shapes, and group together shapes that have similar features (classifying).

An important part of exploring shapes is using materials to construct models of different shapes and objects, and combining shapes to make images. Below are some photos of students from Grade 2 and 3 constructing and talking about shapes and objects. The students enjoyed using various materials to visualise and construct shapes, and proudly shared their creations with others!

Grade 2 (Using Geoboards to visualise and design 2D images and classifying as regular or irregular)



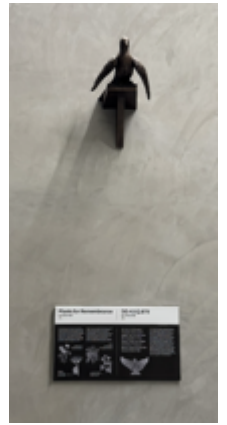
Grade 3 (Using materials to construct 3D objects and testing their strength - with some Grade 6 Buddy support!)



ANZAC STATION TOUR

On the last day on Term 3, Friday September 19th, the school leaders (Athena, Andrae, Jazlyn, and Ayden) as well as Ms Conte and Mrs Xuereb were invited to go to the new ANZAC Station on St Kilda Road in Melbourne, next to the Shrine of Remembrance, to see the new Metro Tunnel project. The station was filled with exotic arts of animal prints and a variety of colours, memorials and artwork, making the place feel inviting and colourful. We learned that there were pigeons, who were messenger birds in WW2. They were praised for helping the soldiers and crew by sending messages. Statues of these two pigeons are in the station. We were invited to the station by the St Albans MP, Natalie Suleyman. We met her there and we experienced a tour with her around the station. We had a great time there and we all look forward to seeing the metro tunnel open to the community in early December!!!!

By Athena and Andrae (School Captains)



GRANTHAM GREEN AGED CARE HOME VISIT

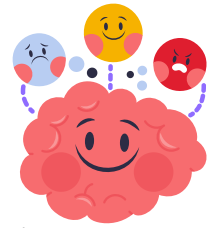
On October 8th, 2025, the School Captains (Athena, and Andrae) Vice School Captains (Jazlyn and Ayden) and all of the House Captains and SRC's went to the Grantham Green to celebrate the 2025 Melbourne Cup with the residents.

We met some very important people including a member of the Victorian Racing Club, Brimbank, Mayor Thuy Dang and a horse named Twilight, who was the 2020 Melbourne Cup winner. We also got to see the 2025 golden trophy which was worth \$850,000!! We also got to see a lot of elderly people (residents) and had such a great time walking down the red carpet with them and bringing lots of smiles to their faces.

By Rosaria (Jubilee Ambassador)



HOW ORAL LANGUAGE SUPPORTS EMOTIONAL WELLBEING



Research shows that children with stronger language skills in Year 1 are more likely to develop better emotional regulation by Year 6. This means that building your child's language skills from an early age can help them manage their emotions, navigate challenges, and develop resilience.

Talking about past experiences, future events, and emotions helps children develop vocabulary and thinking skills needed to understand their feelings and the feelings of others. These conversations also help children make sense of the world, reflect on their experiences, and build resilience by learning how to express and process emotions.



Self-talk—the internal dialogue we all have—also plays an important role in emotional regulation. Children with strong language skills are better equipped to use self-talk to calm themselves, think through challenges, and problem-solve when faced with difficult situations.

You can help strengthen your child's language and emotional skills through simple, everyday interactions:

- **Explain how and why things happen** – e.g., “We need to leave now because your brother isn't feeling well.”
- **Make connections to past experiences** – e.g., “We're flying to visit Aunt Kate. Remember when we took a plane to Sydney last year?”
- **Encourage your child to predict what might happen** – e.g., “I wonder what games they'll play at the birthday party?”
- **Brainstorm solutions to problems together** – e.g., “Oh no, we ran out of bread. What else could we use for a sandwich?”
- **Talk about emotions—yours and theirs** – e.g., “I'm feeling a little sad today because I miss Grandad.”
- **Help your child understand other people's feelings** – e.g., “I think that boy is upset because someone took his toy.”

References

- Norbury, C. F. & Gooch, D. C. (2022). Surrey Communication and Language in Education Study (Final Report). University of Surrey. Retrieved online Oct. 27, 2024: <https://openresearch.surrey.ac.uk/esploro/outputs/report/Surrey-Communication-and-Language-in-Education/99665865502346>.
- Griffiths, S., Goh, S. K. Y., Norbury, C. F., & the SCALES team. (2020). Early language competence, but not general cognitive ability, predicts children's recognition of emotion from facial and vocal cues. *PeerJ*, 8:e9118, 1-19. <http://doi.org/10.7717/peerj.911>.
- Griffiths, S., Suksasilp, C., Lucas, L., Sebastian, C. L., Norbury, C. & the SCALES team. (2021). Relationship between early language competence and cognitive emotion regulation in adolescence. *Royal Society Open Science*, 8, 210742, 1-11. <https://doi.org/10.1098/rsos.210742>.

HOLY EUCHARIST PRIMARY SCHOOL



ENROLMENTS OPEN FOR 2026



SCAN ME

- ✓ Celebrate Diversity
- ✓ Positive NAPLAN results
- ✓ Specialist programs include: Physical Education, STEM, Music, Visual Arts and Italian language

MORE INFORMATION

Principal: Mr Michael Bonnici

☎ 8312 0900

🌐 www.hestalbanssth.catholic.edu.au

📍 20 Chedgely Dr, St Albans South

PREP ENROLMENTS FOR 2026 - NOW OPEN

Enrolments are now open for Prep 2026. Children commencing Prep next year must be 5 years of age by 30th April 2026. We already have a number of applications for next year and have started interviewing families.

It is important that our current families also register their child/children at the office if they wish to enrol them for Grade Prep in 2026.

Tours of the school are now taking place after school. Please contact the office to make a booking.

COMMUNITY FUN DAY

Join us for a range of fun activities and entertainment with local Victoria Police and emergency services.

SAT 18 OCT | 10AM - 3PM

Find out more



Location: Carpark area near Station Street/Sydenham Library
Time: 10am to 3pm
Cost: FREE
Ages: Suitable for all ages



Watergardens Shopping Centre is hosting a **Community Fun Day** on **Saturday 18 October 2025** (proudly co-hosted with local Victoria Police).

This much-loved **free** family event is back for another year, featuring fun activities, live entertainment, and opportunities to connect with our local emergency services.

WATERGARDENS x



VICTORIA POLICE

IMPORTANT DATES:

19 Oct, Sun	29TH SUNDAY IN ORDINARY TIME - World Mission Day
21 Oct, Tues	St Albans Secondary BIG DAY IN (for Year 7, 2026)
22 Oct, Wed	Gr CERES Excursion
24 Oct, Fri	Rosary – Online at 9am
	Grade 6 Excursion to Melbourne Zoo
26 Oct, Sun	30TH SUNDAY IN ORDINARY TIME
30 th Oct, Thurs	Rosary/Assembly at 9am in the hall
31 Oct, Fri	World Teachers Day
2 Nov, Sun	COMMEMORATION OF ALL THE FAITHFUL DEPARTED
3 Nov, Mon	School Closure - (NO STUDENTS)
4 Nov, Tue	Melbourne Cup Day - Public Holiday
5 Nov, Wed	2026 Pre-Prep program
6 Nov, Thurs	2026 Pre-Prep program
9 Nov, Sun	THE DEDICATION OF THE LATERAN BASILICA
10 Nov, Mon	Junior School Athletics Carnival - at H.E.
11 Nov, Tue	Remembrance Day
12 Nov, Wed	2026 Pre-Prep program
13 Nov, Thurs	Assembly at 9am in the hall (Violin student performing)
13 Nov, Thurs	2026 Pre-Prep program
16 Nov, Sun	33RD SUNDAY IN ORDINARY TIME – World Day of the Poor
18 Nov, Tues	School Advisory Council Meeting at 7pm
23 Nov, Sun	SOLEMNITY OF CHRIST THE KING
26 Nov, Wed.	Grade 2 Lunch at School
27 Nov Thurs	Assembly at 9am in the hall (ABC Music students performing)
30 Nov, Sun	1ST SUNDAY OF ADVENT
2 Dec, Tues	Orientation Day (2pm)
7 Dec, Sun	2ND SUNDAY OF ADVENT
9 Dec, Tues	Grade 6 Graduation at 6:30pm in the church
11 Dec, Thurs	Assembly at 2:15pm (Mandeville Hall & Violin students performing)
14 Dec, Sun	3RD SUNDAY OF ADVENT
16 Dec, Tue	Last Day of Term 4 - Students
17 Dec, Wed	Last Day of Term 4 – Staff



MPiR TUITION

MATHS & ENGLISH TUTORING - 30% DISCOUNT FOR HOLY EUCHARIST STUDENTS

MPiR Tuition is a tuition centre located in Cairnlea that offers tutoring to students from Years 1 to 12. Our classes are conducted in small groups with specially designed classwork and homework books. For more information, please visit www.mpirtuition.com.au or contact 0481 333 678.

ĐẠY KÈM TOÁN VÀ ANH VĂN - GIẢM 30% HỌC PHÍ CHO SINH VIÊN TẠI TRƯỜNG HOLY EUCHARIST

MPiR Tuition là một trung tâm dạy kèm tại Cairnlea cung cấp dịch vụ dạy kèm cho học sinh từ lớp 1 đến lớp 12.

Các lớp học được tiến hành theo nhóm nhỏ với các bài tập soạn riêng cho mỗi học sinh. Để biết thêm chi tiết, vui lòng truy cập www.mpirtuition.com.au hoặc



SAFETY OF CHILDREN AND ALL VULNERABLE PEOPLE:

We hold the care, safety and wellbeing of children and all vulnerable people as a central and fundamental responsibility for our community. The Holy Eucharist Commitment to Child Safety and Reporting Process are on display in the Administration foyer of the School and School Policies are available on the website at www.hestalbanssth.catholic.edu.au

ACKNOWLEDGEMENT

At Holy Eucharist School, we are honoured to acknowledge the Traditional Custodians of the land, the Wurundjeri People of the Kulin Nation, the first and enduring caretakers of the land in which we work and live.

We pay our respects to the Traditional Elders, both past and present, who have walked this country for countless generations.

We value the diversity of Aboriginal and Torres Strait Islander cultural heritages and recognise the impacts of colonisation and pledge our ongoing commitment to reconciliation.